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Gymnastics**

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# **42<sup>ND</sup> EUROPEAN RHYTHMIC CHAMPIONSHIPS**

## **SENIOR & JUNIOR INDIVIDUALS**

### **SENIOR GROUPS**

**VARNA (BUL)**  
**27-31 MAY 2026**

# **Directives**

**Senior event ID – 18391**  
**Junior event ID – 18392**

**EBU**

OPERATING EUROVISION AND EURORADIO

**SMARTSCORING**



Dear President,

**European Gymnastics is pleased to herein provide you with the Directives for the 42<sup>nd</sup> European Rhythmic Gymnastics Championships to be held in Varna (BUL) from 27<sup>th</sup> to 31<sup>st</sup> May 2026.**

These European Championships will be organised following the current valid FIG & European Gymnastics Statutes, Technical Regulations (TR), RG Code of Points, FIG General Judges Rules, FIG Specific Judges Rules, FIG Anti-Doping Rules, European Gymnastics Medical Guidelines, the Medical Organisation of FIG Competitions and Events, the FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events, the FIG Licence Rules, European Gymnastics Media Rules, FIG Apparatus Norms, FIG Advertising and Publicity Rules, FIG Rules for Sanctioning (approval) of International Events and European Gymnastics Accreditation Directives, FIG Code of Ethics as well as all other Rules and Guidelines valid starting 01 January 2026 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

All participating Federations commit to abide by the Statutes and all European Gymnastics & FIG Rules and Regulations. National Federations not respecting them will not be allowed to compete.



42<sup>nd</sup> RHYTHMIC GYMNASTICS  
**EUROPEAN  
CHAMPIONSHIPS**  
27-31 MAY 2026  
VARNA



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## 1. EUROPEAN GYMNASTICS

### EUROPEAN GYMNASTICS

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 Event site: [RG ECh Varna 2026](http://RG ECh Varna 2026)



## 2. HOST FEDERATION & LOCAL ORGANISING COMMITTEE

### BULGARIAN GYMNASTICS FEDERATION

Phone: + 359 293 00 614  
 E-mail: [bulgym@abv.bg](mailto:bulgym@abv.bg)

### LOCAL ORGANISING COMMITTEE

### BULGARIAN RHYTHMIC GYMNASTICS FEDERATION

Contact person: Ms. Yoanna Angelova  
 Phone: +359 293 00 629  
 E-mail: [bulrg\\_office@fbgr.org](mailto:bulrg_office@fbgr.org)  
 LOC Social media:  
 Facebook: <https://www.facebook.com/share/15BGVSsbc/>  
 Instagram: <https://www.instagram.com/bgrgfederation?igsh=Z3hoMmN5eDZscTNp>  
 Tik-Tok: <https://www.tiktok.com/@bgrgfederation? t=ZN-8tHVqQj5rM6& r=1>

## 3. LOCATION OF THE COMPETITION, TRAINING & WARM-UP HALLS

### PALACE OF CULTURE AND SPORTS

Address: 115 Knyaz Boris I str.  
 9002 Varna, Bulgaria  
 Phone: +359 5261 2340  
 E-mail: [office@palaceofvarna.com](mailto:office@palaceofvarna.com)  
 Website: <https://palaceofvarna.com/>



<b>Competition Arena</b>	Hall Capacity: 5116 seats Length: 45 m Width: 27 m Ceiling height: 13 m Equipment: 1 competition floor
<b>Training Halls</b>	<b>8 training floors with sub-construction, in 4 different halls.</b> Length: 18 m Width: 30 m Ceiling height: 10 m Musical layout on each floor Massage table in each hall Dressing areas Choreography zones Ballet bars Warm-up area with carpet Space for general warm-up and stretching



#### 4. PROVISIONAL PROGRAMME (Subject to modification)

Saturday, May 23 <sup>rd</sup> , 2026		
<i>As announced</i>	<i>Arrival of European Gymnastics TC members</i>	Hotel
Sunday, May 24 <sup>th</sup> , 2026		
<i>All day</i>	European Gymnastics TC-RG Meeting	Competition Venue
Monday, May 25 <sup>th</sup> , 2026		
<i>As announced</i>	<i>Official arrival day of Delegations &amp; European Gymnastics Officials</i>	<i>Official hotels</i>
<i>As per Schedule</i>	Accreditation	Competition Venue
<i>All day</i>	European Gymnastics TC-RG Meeting	Competition Venue
Tuesday, May 26 <sup>th</sup> , 2026		
<i>All day</i>	Official training for Junior Individuals and Senior Individuals	Competition Venue
<i>As per Schedule</i>	Accreditation	
13:00 – 13:30	Judges' meeting for SmartScoring	
13:30 – 15:30	Lunch	
<b>19:00</b>	<b>Orientation meeting</b>	
<b>20:00</b>	<b>Welcome Reception</b>	St. Constantin and Elena Complex
Wednesday, May 27 <sup>th</sup> , 2026		
	<i>Latest arrival Senior RGI Judges</i>	
08:00 – 22:00	Trainings	Competition Venue
08:00 – 08:50	Judges' meeting & Draw – Junior Individuals qualification	
<b>09:00 – 10:50</b>	<b>QUALIFICATIONS with TEAM RANKING – Junior Individuals, Set A</b>	
<b>11:00 – 12:50</b>	<b>QUALIFICATIONS with TEAM RANKING – Junior Individuals, Set B</b>	
13:00 – 13:50	Lunch	
13:30 – 14:00	Opening Ceremony	
<b>14:00 – 15:50</b>	<b>QUALIFICATIONS with TEAM RANKING – Junior Individuals, Set C</b>	
<b>16:00 – 17:50</b>	<b>QUALIFICATIONS with TEAM RANKING – Junior Individuals, Set D</b>	
<b>18:00 – 18:20</b>	<b>Award ceremony Junior individuals Team</b>	
Thursday, May 28 <sup>th</sup> , 2026		
<i>All day</i>	<i>Arrival day for Senior Groups and RGG judges</i>	<i>Official Hotels</i>
<i>As per schedule</i>	<i>Accreditation</i>	Competition Venue
08:00 – 08:45	Judges' meeting & Draw Senior Individuals	
<b>09:00 – 10:00</b>	<b>QUALIFICATIONS – Senior Individuals (Hoop &amp; Ball), Set A</b>	
<b>10:00 – 11:00</b>	<b>QUALIFICATIONS – Senior Individuals (Hoop &amp; Ball), Set B</b>	
<b>11:15 – 12:15</b>	<b>QUALIFICATIONS – Senior Individuals (Hoop &amp; Ball), Set C</b>	
<b>12:15 – 13:15</b>	<b>QUALIFICATIONS -Senior Individuals (Hoop &amp; Ball), Set D</b>	
13:15 – 14:15	Lunch Break	



14:15 – 15:15	<b>QUALIFICATIONS – Senior Individuals (Hoop &amp; Ball), Set E</b>	
15:15 – 16:15	<b>QUALIFICATIONS – Senior Individuals (Hoop &amp; Ball), Set F</b>	
16:30 – 17:30	<b>QUALIFICATIONS -Senior Individuals (Hoop &amp; Ball), Set G</b>	
17:30 – 18:30	<b>QUALIFICATIONS- Senior Individuals (Hoop &amp; Ball), Set H</b>	
18:45 – 19:30	Judges' Draw Junior Individual Apparatus Finals	
19:30 – 20:35	<b>Junior Individual Apparatus Final (Hoop &amp; Ball)</b>	
20:45 – 21:50	<b>Junior Individual Apparatus Final (Clubs &amp; Ribbon)</b>	
21:50 – 22:10	<b>Award Ceremony for Junior Individual Apparatus Finals</b>	
<b>Friday, May 29<sup>th</sup>, 2026</b>		
<i>Departure day for Junior Individuals &amp; Junior Individuals Judges</i>		
08:00 – 20:00	Training for Senior Groups	
08:00 – 08.45	Judges' meeting & Draw Senior Individuals	
09:00 – 10:00	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set E</b>	
10:00 – 11:00	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set F</b>	
11:15 – 12:15	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set G</b>	
12:15 – 13:15	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set H</b>	
13:15 – 14:15	Lunch	
14:30 – 15:30	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set A</b>	
15:30 – 16:30	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set B</b>	
16:45 – 17:45	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set C</b>	
17:45 – 18:45	<b>QUALIFICATIONS – Senior Individuals (Clubs &amp; Ribbon), Set D</b>	
19:00 – 22:00	Official training for Senior Groups	
<b>Saturday, May 30<sup>th</sup>, 2026</b>		
08:00 – 22:00	Trainings	Competition Venue
09:00 – 09:45	Judges' meeting & Draw Senior Individuals and Senior Groups	
10:00 – 12:15	<b>AA FINAL – Senior Individuals (Hoop, Ball) – All Finalists</b>	
12:15 – 12:25	Break	
12:25 – 13:45	<b>AA FINAL – Senior Individuals (Clubs, Ribbon) – Top 10 after 2<sup>nd</sup> rotation</b>	
13:45 – 14:05	<b>Award Ceremony AA Senior Individuals</b>	
14:05 – 15:00	Lunch Break	
15:00 – 17:00	<b>QUALIFICATIONS for AF &amp; AA MEDAL DECISION – Senior Groups (5 Balls &amp; 3 Hoops+ 2 pairs of clubs– rotating), Set A</b>	
17:15 – 20:15	<b>QUALIFICATIONS for AF &amp; AA MEDAL DECISION – Senior Groups (5 Balls &amp; 3 Hoops+ 2 pairs of clubs– rotating), Set B</b>	
20:15 – 20:30	Award Ceremony Senior Groups AA & Team ranking (Senior Individuals and Senior Groups)	
<b>Sunday, May 31<sup>st</sup>, 2026</b>		
10:45 – 12:00	Judges' meeting & Draw Senior Individuals and Senior Groups	
12:00 – 13:10	<b>APPARATUS FINAL – Senior Individuals (Hoop &amp; Ball)</b>	
13:20 – 14:30	<b>APPARATUS FINAL – Senior Individuals (Clubs &amp; Ribbon)</b>	
14:30 – 14:55	Award Ceremony Senior Individuals Apparatus finals	
14:55 – 16:00	Lunch	



16:00 – 16:40	APPARATUS FINAL – Senior Groups (5 Balls)	
16:50 – 17:30	APPARATUS FINAL - Senior Groups (3 Hoops + 2 pairs of clubs)	
17:30 – 17:45	SmartScoring Shooting Star Award	
17:45 – 18:00	Award Ceremony Senior Groups Apparatus finals	
20:30 – 23:30	Farewell banquet	TBC
<b>Monday, June 1<sup>st</sup>, 2026</b>		
<i>As announced</i>	<i>Departure day of Delegations &amp; European Gymnastics Officials</i>	<i>Hotels</i>
<i>All day</i>	<i>European Gymnastics TC-RG Meeting</i>	<i>Hotel</i>
<b>Tuesday, June 2<sup>nd</sup>, 2026</b>		
<i>As announced</i>	<i>Departure day European Gymnastics TC members</i>	<i>Hotel</i>

## 5. PARTICIPATION RIGHT & ACCREDITATIONS

Gymnasts holding a valid FIG licence until the end of the competitions, and with the correct age from European Gymnastics and FIG affiliated Federations in good standing, may take part in these European Championships.

An individual is entitled to only one accreditation card. If an individual has several valid “accreditable” functions, the highest function is normally selected, and the access zones of the functions are cumulated. No substitutes may directly benefit from unused accreditations. The functions of a judge and gymnast cannot be combined with any other function.

### Participation right for Senior Individual Competitions:

- 1 – 3 gymnasts, +1 reserve.

### Participation right for Senior Groups Competitions:

- 5 – 6 gymnasts.

### Participation right for Junior Individuals Competitions:

- 1 – 4 gymnasts, +1 reserve.

### 5.1 Maximum Delegation Size

The maximum size of each delegation as per European Gymnastics Technical Regulations is as follows:

Function	Senior Indiv.	Senior Group	Junior Indiv.	Total
Head of Delegation		1		1
Team Manager	1	1	1	2
Coach***	1-2	2	1-2	6
Additional Coach****	1	1	1	3
Gymnasts	1-3	5-6*	1-4	13
Reserve Gymnast	1	-	1	2
Judges**	1	1	1	2
Medical Doctor	1	1	1	1
Paramedical Staff	1	1	1	2
Mental Health Professional		1		1
Additional Paramedical staff****	1	1	1	3
Guest****		No limit		
VIP Guest****		No limit		



Chaperon**** (1 per 10 gymnasts under 18 years, max. 2)	2	2
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Note:

\* Each gymnast must compete at least once

\*\*NF must register at least 1 qualified judge

\*\*\* No more coaches than gymnasts per category (including additional coaches)

\*\*\*\* Accreditation at the charge of the Federation

#### Additional accreditations (to be paid to the LOC):

Additional accreditations	Price
Additional Coach	EUR 180
Additional Paramedical Staff	EUR 180
Guest	EUR 180
VIP Guest	EUR 250
Chaperon	EUR 180

### 5.2 Accreditation Application Process

Accreditation cards will be distributed at the Accreditation Centre situated at the Competition Venue upon arrival of the delegations. The following items will be checked there with the Heads of Delegations:

- The passport of the delegation members
- Transport and departure information
- The medical insurance for the members of the delegations, except for the gymnasts and judges, see point 20.
- Proof of fulfilment of all financial obligations to the LOC
- Music check
- Check of national anthem and national flag

In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.

In order to accelerate the process of the accreditation, each participating Federation is kindly requested to upload photos and passport copy of each member of its delegation into the **LOC** digital platform (the link and sign in details will be sent to the registered delegations after the publication of the Directives)

#### Photo technical requirements

The photo must adhere to the following requirements:

- JPG format ONLY
- Be vertical orientation
- Have adequate space between face/shoulders and the edges of the photograph
- Should have a minimum size of 100KB and maximum of 2MB
- The face should be at least 300 pixels wide

The deadline for the photos & passport copies uploads (identity colour photo in JPG format, size – 45mm x 35mm, resolution: 800x600plx) is **April 27th 2026**. Please clearly indicate the corresponding full name (with correct spelling) in the file title.

Submission of photos in due time will prevent the delegations from waiting at the accreditation centre.

### 5.3 Media Accreditations

International and local media representatives as well as federations' communication staff who are interested in covering the event can find the necessary information [Media | European Gymnastics](#)

Deadline for registrations: **May 12<sup>th</sup> 2026**. The European Gymnastics Accreditation Directives and Media Rules must be strictly respected.



## 6. AGE LIMIT OF GYMNASTS

**Juniors:** as per FIG technical regulations

**Seniors:** as per FIG technical regulations

**All gymnasts must have a current valid FIG licence until the end of the event.**

Gymnasts who have participated in a Senior World Championships, a Senior Continental Championships, a World Cup / World Challenge Cup, and Multi-Sport Games, may not participate afterwards in Junior competitions.

## 7. REGISTRATIONS & ENTRY FEES

**Registrations can only be made by European Gymnastics and FIG affiliated federations in good standing, via the [Registry.GYMDATA.online tool](https://www.fig-gymnastics.com/Registry.GYMDATA.online.tool) from SmartScoring and by using the National Gymnastics Federations' login and password.**

### 7.1 Definitive registrations

The definitive registrations must be completed by entering the composition of the delegation until **March 2<sup>nd</sup>, 2026 (23:59 Swiss time)** at the very latest.

### 7.2 Nominative registrations

The nominative registrations must be completed by entering the names of the delegation until **April 27<sup>th</sup>, 2026 (23:59 Swiss time)** at the very latest.



Until 15 days (13<sup>th</sup> May) prior to the start of the event Federations are allowed to modify the composition of their Delegation (Individual and/or Group). Each of the Federations will also have the possibility to modify, if necessary, the apparatus chosen and the starting order of their Individual gymnasts (Federations with 2-3 Individuals) submitted at the Nominative Registration - Step 1 (max. as per the number declared in the Definitive Registration).

Past this deadline, no further modifications related to the apparatus chosen or to the starting order will be accepted (except for in cases of injuries or sickness).

*(See also FIG Technical Regulations 2026, Section 1 – Art.4)*

### 7.3 Entry fees

**Entry Fees EUR 150.- per Individual and Group Gymnast**

The total amount of the entry fees must be paid until the date of the nominative registration deadline, **April 27<sup>th</sup>, 2026 at the very latest to the European Gymnastics bank account.**

<b>Beneficiary</b>	European Gymnastics Av. de la Gare 12, CH-1003 Lausanne/Switzerland
<b>Bank Account / IBAN</b>	CH05 0076 7000 L520 5704 9
<b>Bank name</b>	BCV, Place St.-François 14, CP 300, CH-1002 Lausanne/Switzerland
<b>SWIFT/BIC</b>	BCVLCH2LXXX

All bank fees in connection with the bank transfer must be covered.

Please state the name of the Federation and the payment purpose on the transfer (i.e. 'GRE\_2026 RG ECh entry fees). The payment must be made in **EUR only**.

**Please carefully read Appendix 1 "Payment security for Events"** before making any payment.

Federations which have not fulfilled their financial obligations towards European Gymnastics or FIG (e.g. annual membership fees, unpaid invoices etc.) and the LOC (e.g. accommodation, meals) will not be allowed to participate in these European Championships.



In case of non-participation or partial participation the entry fee will not be reimbursed.

#### 7.4 Sanctions

The fines after missing the Registrations deadlines or after late Registrations are as follows (as per the European Gymnastics Technical Regulations, Art. 3.2.5):

**No late registration can be accepted after the drawing of lots.**

Definitive Registration received after the deadline	EUR 1'500
Nominative Registration received after the deadline	EUR 1'000
No participation of a team, but participation of individuals (info. given at the competition venue)	EUR 1'000
No participation at all (noticed at the venue)	EUR 1'000

### 8. LICENCES

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**No gymnasts will be accepted without a valid FIG Licence until the end of the competitions**

In order to be considered, licence application forms (new or renewal) **must** be submitted to the FIG **at least one (1) month prior to the deadline for nominative registration.**

Please consult [FIG Licence Rules](#) for additional information in this respect.

### 9. JUDGES & JURY OF APPEAL

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**All judges must have a current valid FIG brevet at the time of the event, in the respective discipline RGI and/or RGG.**

Each NF should register RGI and/or RGG FIG brevetted judge(s) category 1, 2, 3. In case a NF wants to send a Judge of Brevet cat. 4, the Judge can only be used on Time or Line positions.

**No** switch of the judges' positions (RGI Senior/Junior – RGG Senior) will be accepted.

**If a federation does not enter a judge or comes with a judge of an insufficient level, European Gymnastics will request the payment of a fine of EUR 5'000 - per missing judge.**

**Judges shall recuse themselves if**

- They are or were married to or live in a registered partnership or cohabit with a gymnast
- They are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

**Jury of Appeal**

The jury of appeal is composed of two members of the Executive Committee (one of them acting as President) and if necessary a third person to be designated in accordance with the matter of the appeal, who was involved neither in the decision of the Competition Jury, nor in the decision of the Superior Jury, nominated on-site by the European Gymnastics President or his representative.

### 10. DRAWING OF LOTS

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The gymnasts' drawing of lots will decide the starting order of the qualification competitions and the finals. It will take place during the Technical Committee meeting to be held on **Friday, March 6<sup>th</sup>** in Varna (BUL).



## 11. COMPETITION FORMAT & PROGRAMME

See the European Gymnastics & FIG Technical Regulations valid at the time of the event & 2025 – 2028 FIG Code of Points.

### 2026 World Championships qualification

Continent	Europe
Quota places for 2 - 3 individual gymnasts	12

1. A ranking of in total 8 routines from 2 – 3 senior individual gymnasts per federation from the qualification competition at the 2026 RG European Championships to decide the 12 European quota places for 2 – 3 individual gymnasts to the WCh.
2. All federations, which participated in the 2026 RG European Championships and have not qualified yet among the quota places for 2 – 3 gymnasts, have the right to participate in the World Championships with 1 individual gymnast.

### **Senior Individuals (Hoop – Ball – Clubs – Ribbon)**

#### **Qualification competition with Team ranking (of Senior Individuals and Senior Groups)**

##### **1-3 gymnasts per NF**

The gymnasts present a maximum **of 8 exercises** with the apparatus according to the FIG programme for the respective year. A gymnast may participate in 1 – 4 exercises.

If a NF participates with only 1 gymnast, she must present 4 exercises.

NF with only 1 gymnast cannot participate in the Team ranking.

**Qualification for the AA – the best 3 scores count (max. 2 gymnasts per NF).**

#### **All-Around Final**

The best 20 gymnasts from the qualifications

1 gymnast from the host country if not yet qualified. The distribution of places will be as follows: 20 + 1 from the host country (if not qualified). The gymnasts must present 2 routines with hoop and ball. Maximum 2 gymnasts per NF.

The 10 highest-ranked gymnasts after the first two exercises present two more exercises with clubs and ribbon. The starting order in the last 2 rotations (3<sup>rd</sup> and 4<sup>th</sup>) rotation is in reversed order of the result after the 2nd rotation. (The gymnast ranked 10th after rotation 2 is the first competitor in rotation 3 and 4. The gymnast ranked 1st after rotation 2 is the last competitor in rotation 3 and 4.).

The All-Around ranking result is obtained by all scores (the best 4 scores by the top 10 gymnasts and the best 2 scores by the gymnasts ranked 10 – 20 resp. 21).

The winner of the All-Around competition is awarded with the title "European All-Around Champion".

#### **Apparatus Finals**

Competition of the best 8 individual gymnasts per apparatus from the qualifications. Maximum 2 per NF per final. The first ranked gymnast of each apparatus is awarded with the title "European Champion".

### **Senior Groups (5 Balls; 3 Hoops & 2 pair of Clubs)**

#### **Qualification with All-Around ranking and Team ranking (of Senior Individuals and Senior Groups)**

Group competition (5-6 gymnasts) with 2 different exercises, one executed with 1 apparatus, the other with 2 types of apparatus, according to the FIG programme for the respective year.

The winner of the All-Around competition is awarded with the title "European All-Around Champion".

The All-Around competition is also a qualification competition for the Apparatus finals.

NF with only 1 Senior Group cannot participate in the Team ranking.

#### **Apparatus Finals**

Competition of the best 8 Groups per apparatus of the qualifying competition. The gymnasts of the first ranked Group in the group exercises are awarded with the title "European Champion" with the respective apparatus.



## **Team Ranking**

### **Senior Groups and Senior Individuals**

The winner of the Team Competition is designated as follows:

**Senior Individual** gymnasts: the result of all **8 exercises**. **Senior Groups**: the result of the **2 exercises**.

The above-mentioned results will be added; the best NF is awarded with the title "European Team Champion". If a NF does not participate in the Team Competition (i.e. competes without a Senior Group or without or with only one Senior Individuals): the Senior Individual gymnast/s will be ranked for the All-Around competition and can qualify for the Apparatus Finals. And the Senior Group will be ranked for the All-Around competition and can qualify for the Apparatus Finals.

## **Junior Individuals**

### **Qualification competition with All Around ranking**

Junior Individuals (Hoop – Ball – Clubs – Ribbon) Qualifying competition with Team ranking - Individual competition with 1 - 4 gymnasts per federation - The gymnasts present 4 exercises with the 4 apparatus according to the FIG programme for the respective year. - A gymnast may participate with 1 - 4 exercises - If a NF participates with only 1 gymnast, she has to present an exercise at each 4 apparatus and can qualify with each apparatus for the Apparatus Finals. - Team ranking: The result of all 4 scores - The first ranked Junior Team will be awarded with the title "European Junior Team Champion".

### **Apparatus Finals**

Competition of the 8 best Groups per apparatus of the qualification competition. The gymnasts of the first ranked Group will be awarded with the title "European Champion" with the respective apparatus.

### **Tie breaking rules**

The FIG tie breaking rules for the World Championships valid at the time of the event are to be applied.



**A federation participating with only one Senior individual gymnast cannot be classified as a team, even if this federation participates with a group.**

## **12. EQUIPEMENT**

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The Supplier is **SPIETH**. The floor's reference is:

- RG Competition Beijing, FIG ID 547, colour Beige.

The dimensions are:

- 16x16m for the competition
- 14x14m for training

### **Reserve apparatus senior individuals:**

Hoop Senior – SASAKI, FIG ID 468

Ball Senior – SASAKI, FIG ID 473

Clubs Senior – SASAKI, FIG ID 466

Ribbon Senior – SASAKI, FIG ID 474

Ribbon cane – SASAKI, FIG ID 475

**Reserve apparatus senior groups:**

Hoop Senior – SASAKI, FIG ID 468  
Ribbon Senior – SASAKI, FIG ID 474  
Ribbon cane Senior – SASAKI, FIG ID 475  
Ball Senior – SASAKI, FIG ID 473

**Reserve apparatus junior individuals:**

Hoop Senior – SASAKI, FIG ID 471  
Ball Senior – SASAKI, FIG ID 473  
Clubs Senior – SASAKI, FIG ID 466  
Ribbon Senior – SASAKI, FIG ID 727  
Ribbon cane – SASAKI, FIG ID 476

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**13. HAND APPARATUS**

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The list of the RG Hand Apparatus with valid certificates is published on the FIG website ([here](#)) and updated regularly. Gymnasts will not be allowed to compete with apparatus without a valid FIG certificate. Checks of hand apparatus will take place during training before the start of the competition. Please refer to the [FIG Apparatus norms](#) and the [FIG RG Code of Points](#) for details.

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**14. PUBLICITY**

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Deductions will occur according to the FIG RG Code of Points if the [FIG rules for competition clothing and advertising](#) are not respected. Each Federation may fill in the online feedback form (appendix of FIG rules for competition clothing and advertising) if deemed necessary and send it to [malger@europeangymnastics.com](mailto:malger@europeangymnastics.com) by April 4<sup>th</sup> 2026, at the very latest for approval or further assistance.

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**15. VISA**

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Please verify immediately with your travel agent or the Embassy or Consulate of Bulgaria in your country if a visa is required for your travel to Varna. The LOC will be happy to assist you with a visa support letter provided that the request is made to the LOC email address by **April 27<sup>th</sup> 2026, at the very latest**. The procedure on obtaining visas for Bulgarian takes approximately 3 weeks.

More information about the visa can be obtained on the following link: [Visa for Bulgaria](#).

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**16. TRANSPORTATION**

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**International Transportation**

The invited participating Federations must pay for the travel costs of their delegation members. **European Gymnastics and the LOC strongly recommend that each Federation takes a cancellation insurance for their travel.**

The official arrival points are:

**Airport - Varna Airport (VAR)**

The travel details must be submitted to the LOC via LOC digital platform, **by April 27<sup>th</sup>, 2026**, at the very latest. Should the details be submitted after this deadline, LOC cannot guarantee transportation. In case a delegation is traveling by their own means of transportation, they are still required to enter the expected time of arrival.



## Local Transportation

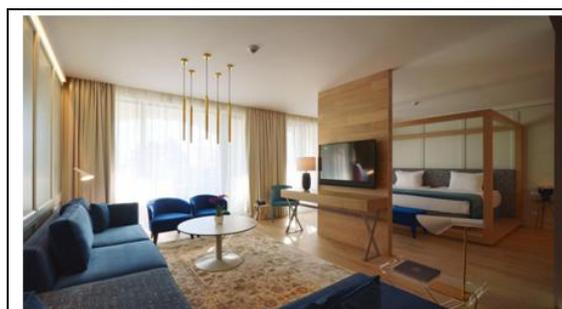
Free local transportation will be offered to all delegations who book their accommodation through the LOC.

- From the above-mentioned official arrival points to the official hotel and back.
- From the official hotel to the competition venue and back (shuttle service).

## 17. ACCOMMODATION

Hotel category prices are final end-customer prices per night/per **person** (including breakfast, local transportation, VAT, farewell banquet & airport transfert and all applicable taxes).

### Official hotel for European Gymnastics



**Astor Garden Hotel 5\*\*\*\*\***  
Sts. Constantine and Helena  
Resort, 9006, Varna



Located in the beautiful Saints Constantine and Helena Resort, about 8 km from the venue (around 12 minutes by car)

Prices per night/per person including breakfast	
Single room	275 EUR
Twin/Double room	200 EUR

## Official hotel for Judges

	<p><b>Azalia Hotel Balneo &amp; SPA 4****</b>            Sts. Constantine and Helena            Resort, 9006, Varna</p> <p><a href="http://azaliahotel.com">azaliahotel.com</a></p> <p>Located in the beautiful Saints Constantine and Helena Resort, about 8 km from the venue (around 12 minutes by car)</p>

Prices per night/per person including breakfast	
Single room	225 EUR
Twin/Double room	175 EUR

## Official hotels for delegations

### Category 1

	<p><b>Rosslyn Dimyat Hotel 5*****</b>  <a href="https://dimyat.rosslyn-hotels.com">https://dimyat.rosslyn-hotels.com</a>            Address: <a href="#">bul. "Knyaz Boris I" 111, 9002 Varna</a></p> <p>Located next to the Sea Garden, 500 m from the beach and 2-minute walking distance to the Venue.</p>

Prices per night/per person including breakfast	
Single classic room	200 EUR
Double classic room	150 EUR
Triple classic room	125 EUR
Single deluxe room	225 EUR
Double deluxe room	175 EUR
Single executive room	250 EUR
Double executive room	200 EUR
Studio for 2 people	200 EUR
Apartment for 3 people	150 EUR

## Category 2

	<p><b>Modus Hotel 4****</b>  <a href="https://www.modushotel.com/">https://www.modushotel.com/</a>            Address: <a href="#">ul. "Stefan Stambolov" 46, 9000 Varna</a></p>
	

Prices per night/per person including breakfast	
Single room	200 EUR
Double room	150 EUR

## Category 2

	<p><b>Cherno More Hotel 4****</b>  <a href="https://www.chernomorebg.com/">https://www.chernomorebg.com/</a>            Address: <a href="#">bul. "Slivnitsa" 33, 9000 Varna</a></p>
	

Prices per night/per person including breakfast	
Single classic room	175 EUR



Double classic room	125 EUR
Single deluxe room	200 EUR
Double deluxe room	150 EUR
Triple deluxe room	100 EUR

### Category 3

	<p><b>Park Hotel Perla 3***</b>  <a href="https://parkhotelperla.eu/">https://parkhotelperla.eu/</a>  Address: <a href="#">Zlatni Pyasatsi, 9007 Zlatni pyasatsi</a></p>
	<p>Located in one of the most beautiful resorts on the Bulgarian Black Sea coast, this hotel offers both proximity to Varna, and the calmness of nature.  The hotel is located at 15 km from the venue (approximately 22 minutes by bus)</p> <p><b>IMPORTANT:</b> only for this hotel, the prices include <b>FULL BOARD</b> accommodation</p>

Prices per night/per person including <b>FULL Board</b>	
Single room	150 EUR
Twin room	100 EUR

	<p><b>Aqua Hotel 4****</b>  <a href="http://varna.aquahotels.com">http://varna.aquahotels.com</a>  Address: <a href="#">ul. "Devnya" 12-A, 9000 Varna</a></p>

Prices per night/per person including <b>breakfast</b>	
Single room	150 EUR
Twin room	100 EUR
Triple room	75 EUR



### 17.1 Accommodation booking

The Accommodation Request must be submitted to the LOC via LOC digital platform by **March 2nd 2026** at the very latest. The hotel rooms will be allocated on a “first come, first serve” basis, as the number of rooms are limited at each hotel.

## 18. MEALS & FAREWELL BANQUET

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Breakfast is included in the price of each room. The Meal Plan (lunch and dinner) is not compulsory, and the delegations are free to make their own meals arrangements.

### Meals Bookings

The LOC proposes the following options for having meals at the above-mentioned hotels or the competition venue which can be ordered by delegations if they wish:

- lunch in the Venue only from May 25th to May 31st – 30 EUR /per person/per day
- lunch/dinner – 35 EUR /per person/per day in Astor Garden Hotel, Azalia Hotel, Rosslyn Dimyat Hotel and Modus Hotel
- lunch/dinner – 30 EUR /per person/per day in Cherno More hotel
- lunch/dinner – 25 EUR /per person/per day in Aqua hotel
- lunch/dinner - both are included in the price for Perla Hotel

The Meal Request must be submitted to the LOC via LOC digital platform by **April 27<sup>th</sup>, 2026** at the very latest.

### 18.1 Farewell Banquet

The Farewell Banquet is planned to be held for all delegation members. The detailed information will be indicated in the Work Plan.

Accredited Delegation members (with the exception of E- and R- media), who stay at one of the official hotels and book their accommodation through the LOC will receive a free ticket for the Farewell Banquet.

Please note that the number of wanted Farewell Banquet tickets of the delegation (free tickets and paid tickets) must also be submitted to the LOC via the registration platform for the planning.

Tickets for the banquet for Accredited Delegation members not booking their accommodation through the LOC can be purchased for 100 EUR - per person, provided that a request is submitted to LOC via email by **April 27<sup>th</sup>, 2026** at the very latest.

## 19. FINANCIAL OBLIGATIONS TO THE LOC

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Federations which have not fulfilled their financial obligations towards the LOC by the below-mentioned deadlines may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.

**Please carefully read Appendix 1 “Payment security for Events”** before making any payment.

Payment for the accommodations and meal options must be made through bank transfer to:

<b>Beneficiary</b>	Diamonds’21 Ltd
<b>Address</b>	Bulgaria, Sofia 1040, 75, Vassil Levski Blvd.
<b>IBAN</b>	BG49STSA93000029046246
<b>Bank name</b>	DSK Bank
<b>Bank address</b>	22, Gotze Delchev Blvd., Sofia, Bulgaria
<b>SWIFT/BIC</b>	STSABGSF



**IMPORTANT:** The invoice for extra accreditations will be exclusively issued through [Gymdata](#), with specific bank details, please do not use another account or document.

The participating federation is responsible for covering all bank fees in connection with the bank transfers. Please state the name of the Federation and the payment purpose on the transfer (i.e. 'BUL\_2026 RG ECh Accommodation'). The payment must be made in **EUR only**.

Payment deadlines:

- Settlement of 100 % of accommodation costs and 100% of the total meal costs – by **April 27<sup>th</sup>, 2026**.

### **Cancellation Policy**

European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance for their accommodations and meal options.

### **Accommodation**

- April 28<sup>th</sup> until May 11<sup>th</sup> 50% of the total accommodation cost will be charged
- After May 11<sup>th</sup> 100% cancellation fee of the total accommodation cost will be applied

### **Meals**

- After May 11<sup>th</sup> 100% cancellation fee of the total meal cost will be applied

## **20. INSURANCE**

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The FIG insurance IMSSA (International Medical & Security Sports Assistance) for gymnasts and judges with a valid FIG Licence / Brevet is valid for these European Championships.

The Host Federation, the LOC and the European Gymnastics will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation **for all the members of their Delegation**. Basic insurance (sickness, accident, and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance.

Please also refer to [FIG International Assistance Insurance Information](#) for additional information regarding the FIG IMSSA insurance for Athletes and Judges. **All other delegation members are NOT included in this insurance and must present a proof of insurance at the accreditation.**

If the respective certificate/proof of insurance has not been sent in advance (until **April 27<sup>th</sup>, 2026**, which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least, starting from the arrival day of the delegation and must last for the delegations' entire stay.

The LOC will subsequently offer insurance at the Federations own charge as follows: **25 EUR per person/day**.

## **21. WORK PLAN**

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European Gymnastics will endeavour to issue the Work Plan to registered National Federations and other people concerned **six weeks prior to the start of the competition**.

## **22. OFFICIAL HOSPITAL**

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The Official hospital will be:

Name St. Anna University Hospital

Address 100 Tsar Osvoboditel str., 9000 Varna

Tel +35952 655911

Distance to the venue – 1,6 km (5 min by car)

LOC Doctor – Hristo Kyosseff, MD



## 23. SAFEGUARDING

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A safe environment for all participants is a top priority at the 2026 European Championships. In case you experience or see any form of non-accidental violence, harassment and abuse please contact Mrs Lisa Worthmann ([lworthmann@europeangymnastics.com](mailto:lworthmann@europeangymnastics.com)).

From the **official day of arrival** until the **official day of departure**, all participants — including **gymnasts, coaches, judges, and other Delegation Members** — will have the possibility to **contact the LOC Safeguarding Officer** by phone or email in case of:

- Harassment
- Abuse of any kind
- Any situation where they feel uncomfortable or unsafe

The **contact information** for the LOC Safeguarding Officer will be **provided to all Delegations upon arrival** on site.

As part of the FIG's commitment to athlete welfare and youth protection, **posters of the "10 Golden Rules of Gymnastics"**, part of the FIG's awareness campaign, must be **clearly displayed** in several key areas, including:

- Training Halls
- Warm-Up Areas
- Public Zones

These measures are in place to ensure a **safe, respectful, and supportive environment** for all participants throughout the event.

## 24. DOPING CONTROLS

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Under the supervision of the International Testing Agency, anti-doping controls will be organised according to the valid WADA Code, International Standards and FIG Anti-Doping Rules. The anti-doping controls may take place at any time.

## 25. MUSIC & MUSIC FORMS

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The LOC digital platform will allow each Delegation to create a profile and upload pictures, music (.mp3 or .wga), and national anthems.

Music files can be uploaded as soon as the digital platform is open but by **April 27<sup>th</sup>, 2026 at the very latest**.

Music files have to be uploaded in the mp3 format.

Name of file must contain:

- The name of the nation (official abbreviation of the country)
- The first and last name of the individual competitor
- The category (individual/group)
- The apparatus
- The age group Junior or Senior

*Example :*

*EST\_NIKOLOVA\_STILIANA\_RGI\_ball\_SEN.mp3*  
*BUL\_RGG\_CLUBS*

Delegation members are requested to keep in their possession a specimen of their USB key for their training sessions and in case of a technical problem. The USB must be 1 per delegation, not per routine.

Each federation will also have to confirm that the music used does not violate any copyright and that it can be broadcasted as part of the sports events.

At the accreditation, the Heads of Delegations have to hand in the Music Release form which will be sent with the Work Plan.



## 26. LOC DIGITAL PLATFORM

In order to get the link and sign in details to access the LOC digital platform, please send an email with the name and details of a contact person that will be responsible for the registration on behalf of the federation to LOC email [bulrg\\_office@fbgr.org](mailto:bulrg_office@fbgr.org) .

## 27. SUMMARY OF THE DEADLINES & PAYMENTS

For European Gymnastics	Deadline
Definitive Registration – <a href="#">Gymdata</a>	March 2 <sup>nd</sup> 2026
Nominative Registration – <a href="#">Gymdata</a>	27 <sup>th</sup> April 2026
Payment of the European Gymnastics Entry Fees	13 <sup>th</sup> May 2026
Nominative Registration – Step 2	12 <sup>th</sup> May 2026
Media Accreditations	

For the LOC	Deadline
Accommodation Request – LOC digital platform	March 2 <sup>nd</sup> 2026
Visa Request – LOC digital platform	27 <sup>th</sup> April 2026
Travel Schedule – LOC digital platform	
Photo & passports for Accreditation – LOC digital platform	
Final Rooming list	
Accommodation costs (last 50%)	
Meals costs (100%)	

Sincerely Yours,

### EUROPEAN GYMNASTICS

Eliso Bedoshvili  
TC RG President

European  
Gymnastics



### BULGARIAN RHYTHMIC GYMNASTICS FEDERATION/LOC

Iliana Raeva  
President



### BULGARIAN GYMNASTICS FEDERATION

Krassimir Dunev  
President



### Appendices

- Appendix 1 – Document “Payment Security for Events\*“