



For the Non-Fig part of the competition please also use the attached documents!
(Nominative, Definitive Registration, Accomodation Form, Meals Form, Travel Schedule, Visa Request Form)

Complete accordingly only from the hosting federation:

Sincerely Your: *Sławomir Kardaszewski*

Signature of the President of UKS Irina Warsaw

Place and date: *Warsaw, 23.02.2023*

**XV INTERNATIONAL RHYTHMIC
GYMNASTICS TOURNAMENT
“IRINA CUP-WARSAW MERMAID”**

NON FIG

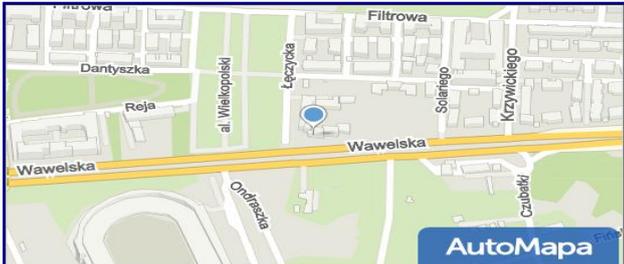
28/04 - 30/ 04 / 2023

Warsaw, Poland

DIRECTIVES

Dear FIG affiliated Member Federation,

The Gymnastics Federation of POLAND has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
LOCAL ORGANIZING COMMITTEE	UKS Irina Warszawa L. Narbutta 14, 02-541 Warsaw www.uksirina.pl ; lord1108@hotmail.com Professional Contact: Mrs. Irina Lortkipanidze Tel. +48 608 300 832 Email: lord1108@hotmail.com https://www.facebook.com/IRINACUP https://irinacup.uksirina.pl/ Rell.pl
Information:	
Transmission:	
LOCATION	   Sport Hall, Wawelska str. 46, 02-067 Warsaw, Poland.
DATE	28.04 -30.04.2023

SIZE OF DELEGATION	<p>The maximum size of the invited delegation is as follows:</p> <p>Coach Individual -2</p> <p>Judges 2</p> <p>The following age categories are part of the event but do not need FIG licences as the ages are not according to FIG ages for RG.</p> <p>Age categories (according to the FIG rules developed for junior program)</p> <p>Without limits</p> <p>2014 (A/B) and younger- <u>2 routines</u></p> <p>2013 (A/B) -<u>2 routines</u> (2 app)</p> <p>2012 (A/B)-<u>2 routines</u>(2 app)</p> <p>2011(A/B) <u>2 routines</u> (2 app)</p> <p>Junior (C) <u>2 routines by choice</u></p> <p>Junior (B) <u>2 routines by choice</u></p> <p>Junior (A) – <u>3 APP.</u></p> <p>Senior (B) <u>2 routines by choice</u></p> <p>Senior(A) – <u>3 APP</u></p>				
MUSIC	<p style="text-align: center;">IMPORTANT : Till 15 April 2022: Please also send the music in MP3 file by e-mail muzyka.uksirina@gmail.com</p>				
FEDERATIONS INVITED	<p>All FIG Member Federations in good standing are invited.</p>				
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet or international brevet at the time of the event. or the respective discipline RGI</p> <p>The number of Apparatus Juries (judges' panels) may be decided by the organizing federation depending on the number of participating competitors and judges.</p> <p>If your delegation chooses to participate without a judge, a fee of 100 € must be paid cash upon arrival</p>				
REGISTRATION DEADLINES	<p>Please insert the deadlines for your event. Please note that the provisional registration is not compulsory, only the definitive and nominative deadlines are compulsory.</p> <table border="1" data-bbox="480 1944 1230 2123"> <tr> <td data-bbox="480 1944 871 2033">Preliminary registration:</td> <td data-bbox="871 1944 1230 2033">January 31st 2023</td> </tr> <tr> <td data-bbox="480 2033 871 2123">Definitive registration:</td> <td data-bbox="871 2033 1230 2123">February 20st 2023</td> </tr> </table>	Preliminary registration:	January 31 st 2023	Definitive registration:	February 20 st 2023
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Definitive registration:	February 20 st 2023				

	Nominate registration:	March 15th,2023
ENTRY FEES	<p>The non-reimbursable cost of the Entry fee for this event will be:</p> <ul style="list-style-type: none"> • 50 €/. - per individual gymnast junior/ senior (for people accommodated in the indicated hotel) • 90 €/. - per individual gymnast junior/ senior (for persons not accommodated in the indicated hotel) • 45 €/ per individual gymnast age category (2014/2013/2012/2011) (for people accommodated in the indicated hotel) • 80 €/ per individual gymnast age category (2014/2013/2012/2011) (for persons not accommodated in the indicated hotel) 	
ACCOMMODATION	<p>Hotel Arche Poloneza *** Poloneza street 87, 02-826 Warsaw.</p> <p>The costs per room/night are as follows:</p> <p>80 euro (single room, including breakfast) 130 euro (double room, including breakfast)</p> <p>While the Accommodation Form must be returned to the LOC by March 10, 2023 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p>	
PROVISIONAL SCHEDULE	<p>April 27/28: Arrival of delegations,</p> <p>April 28</p> <p>8.30 -Meeting for NON FIG Judges</p> <p>14.00- 22.00 General Competitions(age categories) Warsaw Mermaid –Irina CUP. (2014 B,2014 A,2013B,2013A,2012B)</p> <p>22.15-Award Ceremony</p> <p>April 29:</p> <p>09.00-16.00 General Competitions(age categories) Warsaw Mermaid –Irina CUP. (2012A,2011A/B, Junior C/B, Senior B)</p> <p>15.00-OPENING CEREMONY 15.20-16.20General Competitions(age categories) Warsaw Mermaid –Irina CUPJunior A, Senior A</p> <p>April 30:</p> <p>09.00-16.00 General Competitions(age categories) Warsaw Mermaid –Irina CUP. (2012A,2011A/B, Junior C/B/A, Senior B/A)</p> <p>21.30 - Award Ceremony</p> <p>10.30-14:30 General Competitions(age categories) Warsaw Mermaid –Irina CUP.</p>	

<p>ACCREDITATION</p>	<p>.</p> <p>Accreditation will take place in the Competition Venue, before the official training .The Head of the Delegation must bring to the accreditation:•passports of all members of the delegation</p> <ul style="list-style-type: none"> •Proof of all payments •certification of valid insurance •1 USB stick with music from all gymnasts •1 CD with the national anthem <p>Accreditation of all delegations will take place at their arrival in the sports hall.</p> <p>Accreditation will be given to all members of the delegation upon arrival and when all costs have been paid</p>
<p>EVENT FORMAT</p>	<p>The International Tournament includes competition for:</p> <p>All-round:2014,2013,2012,2011(cat. A/B), junior,(cat. A/B/C) senior (A/B)</p>
<p>CANCELTION POLICY</p>	<p>Cancellations or changes in the delegation have to be notified to the LOC before 20/03/2023. Afterwards all costs will have to be paid and accommodation cannot be guaranteed. No refund possible if later arrival or early departure.</p>
<p>COVID 19</p>	<p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete’s performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p>
<p>INSURANCE</p>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>NOTE: In case of any medical services in the hospital, the cost must be covered by the delegation.</p>
<p>INTERNATIONAL TRANSPORTATION</p>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 05.04.2023</p>
<p>LOCAL TRANSPORTATION</p>	<p>The only airports - Warsaw Chopin.</p> <p>Airport to Hotel, Hotel to Airport and Hotel to Sports hall ,Sports hall to hotel transportation: 20 Euro/ per person for 3/4 days.</p> <p>The fee payable to the organizers directly by the delegates.</p>
<p>MEALS</p>	<p>During the competition, the lunch will be served in Sport Hall</p> <p>The costs per person and per meal are as follows:</p> <p>Lunch: 15 EUR</p>

	<p>The meal plan starts by the dinner on the delegations' official arrival day and ends with the breakfast on the official departure day.</p> <p>The invited participating federations must pay for the meals expenses of their delegation members.</p>																		
BANK ACCOUNT INFORMATION	<p>*Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Bank Name: ALIOR BANK SA ul.Postępu18B , 02-676 Warszawa Branch Name; Irina Lortkipanidze (if necessary) IBAN (for transfers within Europe only) :PL 98 2490 0005 0000 4100 9358 1112 (euro) SWIFT Code (BIC+): ALBPPLPW The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																		
MARKETING	FIG advertising and publicity norms must be respected																		
SOCIAL MEDIA	<p>https://www.facebook.com/RG-Tournament-IRINA-CUPWarsaw-Poland-218770728314493/?ref=bookmarks</p> <p>Direct coverage of the competition on www.rell.pl</p>																		
DEADLINES SUMMARY	<table border="1"> <tr> <td>Visa Request Form</td> <td>10.03.2023</td> </tr> <tr> <td>Provisional Registration</td> <td>31.01.2023</td> </tr> <tr> <td>Definitive Registration</td> <td>20.02.2023</td> </tr> <tr> <td>Nominative Registration</td> <td>15.03.2023</td> </tr> <tr> <td>Accommodation Form</td> <td>27.03.2023</td> </tr> <tr> <td>Travel Schedule Form</td> <td>10.04.2023</td> </tr> <tr> <td>Payment of the Entry Fee</td> <td>Upon arrival/Bank transfer</td> </tr> <tr> <td>Payment of the Accommodation Costs</td> <td>Bank transfer</td> </tr> <tr> <td>Payment of the fine for missing judge</td> <td>Upon arrival</td> </tr> </table>	Visa Request Form	10.03.2023	Provisional Registration	31.01.2023	Definitive Registration	20.02.2023	Nominative Registration	15.03.2023	Accommodation Form	27.03.2023	Travel Schedule Form	10.04.2023	Payment of the Entry Fee	Upon arrival/Bank transfer	Payment of the Accommodation Costs	Bank transfer	Payment of the fine for missing judge	Upon arrival
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