

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



**Rules for
Junior and World Age Group
Competition (WAGC)
2022 – 2024**



Trampoline Gymnastics

V. 1.0 – February 2020

1. FIG Age group structure

- 11 - 12 years old in the year of competition
- 13 - 14 years old in the year of competition
- 15 - 16 years old in the year of competition
- 17 - 21 years old in the year of competition

2. Competition rules for Junior and World Age Group Competition

The FIG Code of Points for Trampoline Gymnastics will apply with the following variations:

- 2.1 In WAGC, no Q2 is organized.
- 2.2 In Trampoline Individual, 11-12, 13-14 and 15-16, the Qualifying Round will consist of 1 (one) exercise with special requirements and without difficulty score, plus 1 (one) voluntary exercise. The special requirements will be described by the Trampoline TC at least one year prior to the next WAGC.
- 2.3 In WAGC Synchronised competition, the Qualifying Round consists of 1 (one) voluntary routine.
- 2.4 For difficulty in all disciplines §18.1 of the FIG Code of Points will apply. For the different age groups in the different disciplines, the following limitations to the difficulty in a single element will be applied:

	FIG Junior ages			
	11-12 years	13-14 years	15-16 years	17-21 years
TRA	1.6 pts	1.8 pts	1.8 pts	2.0 pts
TUM	2.8 pts	4.3 pts	4.3 pts	4.5 pts
DMT	4.0 pts	4.6 pts	4.6 pts	5.2 pts

- For 11-12 years old, triple somersaults are prohibited
- For all age groups, quadruple somersaults are prohibited

Any abuse of this rule(s) will result in the disqualification of the gymnast.

- 2.5 No gymnast shall compete in other than his/her age-group except in respect of 2.5.1.
- 2.5.1 In WAGC Synchronised competition, the age of the older gymnast determines the age group in which the pair must enter.

3. First routine with special requirements (only for Individual Trampoline events at 11-12, 13-14 and 15-16 age groups and Juniors)

3.1 11-12 years

The routine consists of 10 different elements, only two (2) elements allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one (1) element landing on the front of the body,
2. one (1) element landing on the back of the body,
3. one (1) element with 360° somersault rotation, at least, 360° of twist.

3.2 13–14 years, 15-16 years and Junior competition

The routine consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one (1) element to front or back,
2. one (1) element from front or back – in combination with requirement N°1,
3. one (1) double front or back somersault with or without twist and
4. one (1) element with a minimum of 540° twist and minimum 360° somersault rotation.

4. Staging of the WAGC competition

- 4.1 The FIG WAGC must be held in the same year as the World Championships.
- 4.2 Federations making an application for the holding of the World Championships may also apply for the FIG WAGC.

5. Conditions of entry in the WAGC competition

- 5.1 Only entries made by affiliated federations of the FIG will be accepted. Any entry not so received must be returned to the sender.
- 5.2 A maximum entry of 96 participating gymnasts per federation is permitted. Maximum 4 (four) gymnasts [2 (two) pairs in synchro] per federation may enter per each age group and event in each discipline. (see §4 and §5)
- 5.3 Gymnasts who have competed in a discipline at a World Championship may not compete in the same year in that discipline at the FIG World Age Group Competitions.

6. Entries

See Technical Regulations and Accreditation rules.

7. Age Groups and Apparatuses

Individual competitions in Trampoline, Double Mini-Trampoline, Tumbling and Synchro Trampoline will take place in the following age groups:

- 11-12 year-old boys
- 11-12 year-old girls
- 13-14 year-old boys
- 13-14 year-old girls
- 15-16 year-old boys
- 15-16 year-old girls
- 17-21 year-old boys
- 17-21 year-old girls

8. Junior World Championships

This event takes place in even years. It will follow the abovementioned rules and specific directives.

9. Tie-break Rules

All ties will be broken according to Technical Regulations (Article 4.4), except for Individual Trampoline Qualification Round in 11-12, 13-14, 15-16 age groups and in Junior category. In these age groups, the following tie-break rules will apply:

1. The highest sum of T-score of both exercises
2. The highest sum of H-score of both exercises
3. The highest D-score of the second exercise
4. The highest sum of all E-scores of both exercises

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