



**TARTU GYMNASTICS WEEK**  
**Miss Valentine Tartu Grand Prix 2022**  
**Tartu, Estonia, February 26-27, 2022**  
**RGI**



**DIRECTIVES**

**Event ID: 16926**

Dear FIG affiliated Member Federation,

Estonian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics (RGI)</b>
<b>HOST FEDERATION</b>	<b>Estonian Gymnastics Federation</b> Contact person: Mrs. Natalja Inno Tondi 84, Tallinn, Estonia Phone: +372 6031555 e-mail: <a href="mailto:eevl@eevl.ee">eevl@eevl.ee</a> Website : <a href="http://www.missvalentine.eu">www.missvalentine.eu</a> , <a href="http://www.eevl.ee">www.eevl.ee</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Gymnastics Club Janika</b> Contact Person: Mrs. Janika Mölder Ihaste tee 7, Tartu, Estonia Phone: +1 647 3001071 (WhatsApp) and +372 5029682 e-mail: <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> <a href="mailto:janika@rogers.com">janika@rogers.com</a> Website: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>
<b>EVENT MANAGER</b>	<b>Mrs. Janika Mölder</b> Phone: +647 300 1071 (WhatsApp, Viber) or +372 50 29682 e-mail: <a href="mailto:janika@vkjanika.ee">janika@vkjanika.ee</a> <a href="mailto:janika@rogers.com">janika@rogers.com</a>
<b>ADMINISTRATIVE MANAGER FOR GRAND PRIX REGULATION</b>	<b>José de FREITAS</b>
<b>LOCATION</b>	<b>Tartu, Estonia</b>
<b>DATE</b>	<b>February 26-27, 2022</b>
<b>VENUE</b>	<u>Competition and training hall</u>  University of Tartu Sports hall Ujula 4A, Tartu, Estonia Phone/fax: +372 7376280 7 warm up carpets and 1 competition carpet
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>  The list of the RG Hand Apparatus with valid certificates is published on the FIG website ( <a href="#">here</a> ) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an

<b>RULES AND REGULATIONS</b>	<p>Apparatus which does not comply with the norms.</p> <p><b>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</b></p>
	<p>The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conducts</li> <li>• Technical Regulation</li> <li>• Code of Discipline</li> <li>• Code of Points, relevant Newsletters, and Helpdesk</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Licence rules (except for non-competitive events)</li> <li>• Medical Organisation of FIG Competitions and Events</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• Apparatus Norms</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Advertising and Publicity</li> <li>• Accreditation Rules</li> <li>• Rules for Awards Ceremonies</li> </ul> <p>and subsequent decisions of the FIG Executive Committee and regulations for Grand Prix events in Rhythmic Gymnastics in 2022.</p>
<b>PARTICIPANTS DELEGATIONS</b>	<p>National Federations may register to participate as follows:</p> <ol style="list-style-type: none"> <li>1) Individual gymnasts will be invited according to the Grand Prix ranking list after the last 2022 Grand Prix in Moscow (RGI): Top-12 gymnasts of each apparatus final (nominative invitations)</li> <li>2) 2022 Grand Prix Organizing Federations are allowed to enter 2 gymnasts + 1 coach + 1 judge (RUS, EST, UKR, FRA, ISR, CZE, ESP). Host country Estonia may register 4 individual gymnasts.</li> <li>3) Medal winners of the <b>All-Around Competition</b> of the Olympic Games, the last World Championships or the last European Championships have the right to participate additionally</li> <li>4) 1 individual gymnast per Federation (the best National gymnast) + 1 coach + 1 judge</li> </ol> <p><b>The LOC will cover accommodation, meals and local transportation for the following participants:</b></p> <ol style="list-style-type: none"> <li>1) 2022 Grand Prix Organizers (EST, RUS, UKR, FRA, ISR, CZE, ESP) 2 individual gymnasts, 1 coach, 1 judge</li> <li>2) Medal winners in All-Around Competition of the latest Olympic Games, World Championships and European Championships (All-Around gold-silver-bronze)</li> <li>3) Top-12 gymnasts of each apparatus final after the last 2022 Grand Prix in Moscow (RGI) (nominative invitations)</li> </ol>

	<p><b>In case a country does not have any gymnasts in the top of the Grand Prix ranking list, it can still register to take part in the Grand Prix competitions with max. 1 individual gymnast with accompanying persons such as coaches and judges, but the LOC will not cover accommodation and meals expenses of such gymnasts and their accompanying persons.</b></p> <p><u>Miss Valentine Grand Prix 2022 delegations:</u> Individual gymnasts 1-4 Coach 1 Judge 1</p>						
<b>AGE LIMITS</b>	<p>Senior gymnasts: 16 (2006+) All gymnast must have a valid FIG License until the end of the event.</p>						
<b>JUDGES</b>	<p><b>Only current valid FIG Brevet judges (2022-2024) can judge Miss Valentine 2022 Grand Prix</b> 1 judge (per federation) Brevet Cat. 1-3, XIV Cycle Each Federation must send minimum 1 judge.</p>						
<b>COMPETITION HEAD JUDGES</b>	<p>The President of the Superior Jury will be: Marina Lobach (BLR) (RGI: Cat 2 – RGG: cat 3).</p>						
<b>COACHES</b>	<p>As per FIG official communication dated 31 March 2021, no coaches will be accepted in this GP without a valid coach-sport profile at the deadline of the Nominative Registration. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in FIG Database ON JANUARY 8, 2022 at the very latest (two weeks prior to the deadline for Nominative Registration).</p>						
<b>REGISTRATION DEADLINES</b>	<p><b>Registration will be ONLINE</b> (Only National Gymnastics Federations can register) at <a href="http://rgform.eu/event.php?id_prop=3040">http://rgform.eu/event.php?id_prop=3040</a></p> <table border="1"> <tr> <td><b>Preliminary registration</b></td> <td><b>December 22, 2021</b></td> <td>(Online registration)</td> </tr> <tr> <td><b>Nominative registration</b></td> <td><b>January 22, 2022</b></td> <td>(Online registration)</td> </tr> </table>	<b>Preliminary registration</b>	<b>December 22, 2021</b>	(Online registration)	<b>Nominative registration</b>	<b>January 22, 2022</b>	(Online registration)
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<b>ENTRY FEES</b>	<p>No entry fees will be applied for this event</p>						
<b>ACCREDITATION</b>	<p>Delegations' accreditation will take place upon arrival. For accreditation team leaders are required to bring the following documents: -passports of all members of the delegation -proof of medical insurance of all members of the delegation (obligatory) -FIG License for gymnasts -National Anthem</p> <p><b><u>FOR ANY CASE:</u></b> -1CD or memory stick with music per each routine</p>						
<b>EVENT FORMAT</b>	<p><b><u>Miss Valentine Grand Prix 2022</u></b></p> <p>According to the Grand Prix Regulations. Competition for Senior Individuals 2006 and older All-Around and Apparatus Finals</p>						

<p><b>PROVISIONAL SCHEDULE</b></p>	<p><b>February 25, Friday</b> Arrival, Official training Delegations &amp; judges technical meeting</p> <p><b>February 26, Saturday</b> Grand Prix Qualification, All-Around Awards Ceremony – All-Around</p> <p><b>February 27, Sunday</b> Grand Prix Final (hoop) Grand Prix Final (ball) Awards Ceremony Grand Prix Final (clubs) Grand Prix Final (ribbon) Awards Ceremony GALA (TBC)</p> <p><b>February 28, Monday</b> Departure of delegation</p>
<p><b>MEDICAL SERVICES</b></p>	<p>The Local Organizing Committee will provide a first medical aid service, a doctor and emergency medical transportation in the competition area.</p>
<p><b>COVID 19</b></p>	<p>Besides the FIG medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions. The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent handwashing, wearing masks at all times and keeping a physical distance of at least 1.5 metres whenever possible. The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout. Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible. <b>Estonia COVID-19 Travel Regulations and Information:</b> <a href="https://www.visitestonia.com/en/covid-19-and-travelling-to-estonia">https://www.visitestonia.com/en/covid-19-and-travelling-to-estonia</a> For any policy update regarding the COVID-19 Travel Regulations in Estonia, the LOC will keep all delegations and interested parties informed. In addition, the LOC will distribute information regarding gymnasts' safeguarding plan.</p>
<p><b>VISA</b></p>	<p>Please verify immediately with your travel agent or the Estonian Embassy or Consulate in your country if a visa is required for your travel to Estonia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made <b>before January 22, 2022</b> to the LOC <a href="http://rgform.eu/event.php?id_prop=3040">http://rgform.eu/event.php?id_prop=3040</a> The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member, as well as the city the visa application support letter must be sent to.</p>

<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p> <p>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: <b>30€</b> per person.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay the International travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the OC – ONLINE: <a href="http://rgform.eu/event.php?id_prop=3040">http://rgform.eu/event.php?id_prop=3040</a> by January 22, 2022.</p> <p>If delegations will send travel plan later than January 22, 2022, then the local transportation from the airport won't be guaranteed.</p>
<b>LOCAL TRANSPORTATION</b>	<p><b><u>Free local transportation for all accredited delegation members:</u></b></p> <ul style="list-style-type: none"> <li>• from Tallinn International Airport, Tallinn Railway Station or Tallinn Harbor to the hotel and back</li> <li>• from the hotels to the Competition Venue and vice-versa (shuttle busses)</li> </ul> <p><b>Will be provided only for the Delegation members who booked their hotel accommodation through the Organizing Committee.</b></p>

<p><b>ACCOMMODATION AND MEALS</b></p>	<p><b><u>3-day package in the hotel - 255 € per person double or triple room (single room 315 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 3 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>4-day package in the hotel - 340 € per person double or triple room (single room 420 €)</u></b></p> <p>The price includes:</p> <ul style="list-style-type: none"> <li>- accommodation in the hotel for 4 nights, incl. Breakfast and dinner</li> <li>- transportation from the Tallinn or Tartu Airport / Train station / Harbour to the hotel and back</li> <li>- shuttle busses between hotel and competition hall</li> </ul> <p><b><u>5-day package in the hotel - 425 € per person double or triple room (single room 525 €)</u></b></p> <p>The Accommodation Form must be returned to the OC ONLINE – <a href="http://rgform.eu/event.php?id_prop=3040">http://rgform.eu/event.php?id_prop=3040</a> by <b>January 22, 2022</b> at the very latest.</p> <p><b>All delegations must stay in the official hotels of this event, to make it possible for the LOC to provide the necessary health protection measures due to Covid-19 pandemic.</b></p> <p>The costs for the accommodations must be paid to the LOC as follows:</p> <ul style="list-style-type: none"> <li>o- 50/% of the accommodation's costs must be paid to the LOC by January 22, 2022 at the time of Nominative Registration</li> <li>o- Remaining 50/% of the accommodation's costs must be paid to the LOC by February 12, 2022</li> </ul> <p><b>ACCOMMODATION</b></p> <p>In case of cancellation, costs will be refunded as follows:</p> <ul style="list-style-type: none"> <li>• Before January 22, 2022: 50% of the total amount due</li> <li>• From January 23, 2022: no refund</li> </ul>																																							
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<p><b>FINAL BANQUET</b></p>	<p>Due to restrictions in the light of Covid-19 pandemic, there will be no Final banquet</p>																																							

<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Beneficiary: Võimlemisklubi Janika  Address: Ihaste tee 7, 51013 Tartu, Estonia  Bank: SEB  Address: Tornimäe 2, 15010 Tallinn, Estonia  SWIFT: EEUHEE2X  IBAN: EE791010102001526002</p> <p>The <u>participating federation</u> is responsible for <u>covering all bank fees</u> in connection with the bank transfers.  Please state the name of the Country/Federation the payment purpose on the transfer (i.e "EST, Miss Valentine GP 2022").  Delegations can pay all fees also in cash during the accreditation in competition hall in Tartu, Estonia.  The FIG and LOC strongly recommend that each Federation take a cancellation insurance for their accommodation and meal options.</p>	
<b>CANCELATION INSURANCE</b>		
<b>MARKETING</b>	FIG advertising and publicity norms must be respected	
<b>MEDIA SOCIAL MEDIA</b>	Local Press Facebook page, Homepage: <a href="http://www.missvalentine.eu">www.missvalentine.eu</a>	
<b>ADDITIONAL INFORMATION</b>	<p>The following competitions will also be organized in Tartu:</p> <ul style="list-style-type: none"> <li>-Miss Valentine 2022 International tournament (RGI,RGG)</li> <li>-Miss Valentine 2022 FIG tournament (RGG)</li> </ul>	
<b>DEADLINES SUMMARY</b>	<p>Definitive Registration (register only federation, number of gymnasts, coaches, judges and other delegation members)  ONLINE at <a href="http://rqform.eu/event.php?id_prop=3040">http://rqform.eu/event.php?id_prop=3040</a></p> <p>Nominative Registration (register all delegation members by name and add apparatus for gymnasts, FIG license nr for gymnasts and judges)  ONLINE  <a href="http://rqform.eu/event.php?id_prop=3040">http://rqform.eu/event.php?id_prop=3040</a></p> <p>Accommodation ONLINE -  <a href="http://rqform.eu/event.php?id_prop=3040">http://rqform.eu/event.php?id_prop=3040</a></p> <p>Travel Plan  <a href="http://rqform.eu/event.php?id_prop=3040">http://rqform.eu/event.php?id_prop=3040</a></p> <p>Visa Request Form-send ONLINE  <a href="http://rqform.eu/event.php?id_prop=3040">http://rqform.eu/event.php?id_prop=3040</a></p> <p><b>Music mp3 (only)</b>  ONLINE  <a href="http://rqform.eu/event.php?id_prop=3040">http://rqform.eu/event.php?id_prop=3040</a></p> <p>Payment of the costs of delegation members and additional persons (by bank transfer)</p> <p>Payment of the costs of delegation members and additional persons (in cash)</p>	<p><b>December 22, 2021</b></p> <p><b>January 22, 2022</b></p> <p><b>January 22, 2022</b></p> <p><b>January 22, 2022</b></p> <p><b>January 22, 2022</b></p> <p><b>January 22, 2022</b></p> <p><b>January 22, 2022</b></p> <p><b>January 22, 2022</b></p> <p>During accreditation in the competition hall</p>

Estonian Gymnastics Federation  
Tallinn, October 2022



Natalja Inno  
Secretary General