



2022 Moscow International RG Tournament  
Individual Seniors All-Around  
Individual Juniors Team Event & Apparatus Finals

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Moscow, Russia  
16 February 2022

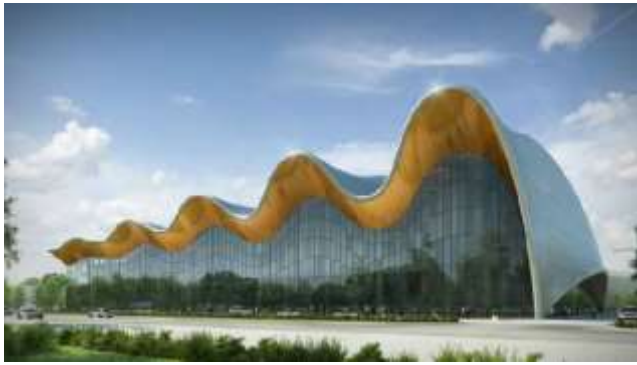


## DIRECTIVES

**Event ID: 16920**

Dear FIG affiliated Member Federation,

The **Russian Gymnastics Federation** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Russian Gymnastics Federation</b> 8 Luzhnetskaya Emb., Moscow 119270 Russia Phone: +7 495 7254610; +7 495 7254611 Fax: +7 495 7254699 e-mail: <a href="mailto:rusgymnastics@mail.ru">rusgymnastics@mail.ru</a> Website: <a href="http://vfrg.ru/">http://vfrg.ru/</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	<b>Russian Rhythmic Gymnastics Federation</b> Contact Person: Irina Tsareva 8 Luzhnetskaya Emb., Moscow 119270 Russia Tel: +7 495 7254610; +7 495 7254611 Fax: +7 495 725 46 99 E-mail: <a href="mailto:rusgrandprix@mail.ru">rusgrandprix@mail.ru</a> Website: <a href="http://vfrg.ru/">http://vfrg.ru/</a>
<b>LOCATION</b>	<b>Moscow, Russia</b>
<b>DATE</b>	<b>16 February 2022</b>
<b>VENUE</b>	<b>IRINA VINER-USMANOVA'S GYMNASTICS PALACE</b> in Luzhniki Moscow, 24 Luzhniki Street, Moscow, Russia website: <a href="http://vinercenter.ru/">http://vinercenter.ru/</a>  Venue capacity: 4000 seats Seize of the FoP: length 17.75 m, width 17.75 m, height 25 m Training Halls: length 48.30 m, width 17.25 m, height 25 m Choreography Gym: 218 m <sup>2</sup>
<b>APPARATUS SUPPLIED</b>	<b>Please refer to the attached apparatus list.</b>
<b>REPLACEMENT HAND APPARATUS SUPPLIER</b>	The list of the RG Hand Apparatus with valid certificates is published on the FIG website ( <a href="#">here</a> ) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.

	<b>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</b>																														
<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• Licence rules (except for non competitive events)</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Guidelines for FIG Competitions and Events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																														
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation invites all FIG Member Federations in good standing.																														
<b>AGE LIMITS</b>	<p><b>Seniors: 16 years in the year of the competition (2006 or older).</b>  <b>Juniors: born in 2007 – 2009.</b>  <b>All gymnasts must have a valid FIG licence until the end of the event.</b></p>																														
<b>SIZE OF DELEGATION</b>	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th></th> <th>Ind. Seniors</th> <th>Ind. Juniors</th> <th>Joint</th> </tr> </thead> <tbody> <tr> <td>Head of Delegation</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Coach</td> <td>1 per gymnast</td> <td>1 per gymnast</td> <td></td> </tr> <tr> <td>Gymnasts</td> <td>Unlimited</td> <td>1 – 4</td> <td></td> </tr> <tr> <td>Medical Doctor</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Paramedical Staff</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Judges</td> <td>1</td> <td>1</td> <td>2</td> </tr> </tbody> </table> <p><b>The participating delegations are to cover all accommodations and meals costs.</b>  <b>The Organizing Federation may participate with multiple junior teams.</b></p>				Ind. Seniors	Ind. Juniors	Joint	Head of Delegation	1	1	1	Coach	1 per gymnast	1 per gymnast		Gymnasts	Unlimited	1 – 4		Medical Doctor	1	1	1	Paramedical Staff	1	1	2	Judges	1	1	2
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<b>JUDGES AND JURIES</b>	<b>All judges must have a valid FIG Brevet 1 – 4 of the current Cycle in the respective discipline (RGI and/or RGG).</b>																														
<b>COMPETITIONS HEAD JUDGE</b>	The President of the Superior Jury: Natalia LASHCHINSKAYA (Brevet 2 RGI/RGG)																														
<b>REGISTRATION DEADLINES</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"><b>Definitive registration:</b></td> <td style="width: 30%;">December 17, 2021</td> <td style="width: 40%;">Must be sent to <a href="mailto:rusgrandprix@mail.ru">rusgrandprix@mail.ru</a></td> </tr> <tr> <td><b>Nominative registration</b></td> <td>January 14, 2022</td> <td>Must be filled online on the website <a href="https://rq.events">https://rq.events</a></td> </tr> </table>	<b>Definitive registration:</b>	December 17, 2021	Must be sent to <a href="mailto:rusgrandprix@mail.ru">rusgrandprix@mail.ru</a>	<b>Nominative registration</b>	January 14, 2022	Must be filled online on the website <a href="https://rq.events">https://rq.events</a>																								
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<b>ENTRY FEE</b>	EUR 100 per gymnast																														
<b>ACCREDITATION</b>	<p>In order to accelerate accreditation procedures, please upload the necessary information on the website: <a href="http://rq.events">http://rq.events</a>.</p> <p>After the deadline of the Definitive registration, the LOC will send a pin-code to each participating Federation.</p> <p>Accreditation of all delegations will take place at the venue of the event upon their arrival. At accreditation Heads of Delegations will have to check the names of their own delegation members, hotel reservations and payments and provide the following to the accreditation office:</p>																														

	<ul style="list-style-type: none"> <li>• Passports for all delegation members</li> <li>• FIG Licenses of the gymnasts</li> <li>• Insurance for all Delegation members</li> <li>• CD with National Anthem</li> <li>• National Flag (120 x 205 cm recommended)</li> <li>• Proof of full payment towards the LOC</li> <li>• Filed and signed Music forms</li> <li>• 1 copy of CD with music for each routine*</li> </ul> <p><b>*Note: All participating federations are kindly requested to upload the music of their gymnasts/groups to the official website <a href="http://rg.events">http://rg.events</a> at the time of the Nominative entry (max. size 10 MB; mp3 format). Music forms will be available for download (<a href="http://rg.events">rg.events</a>) after uploading music to the website.</b></p> <p>Photos for accreditation must be uploaded online by the same link before the deadline of Nominative registration.</p> <p>Accreditation card is personal for each of the delegation members and its wearing is required at all times of the event.</p>
<b>EVENT FORMAT</b>	<p><b>Seniors Individuals:</b> - All-Around: top 8 gymnast to be awarded (2 gymnasts per country)</p> <p><b>Juniors individuals:</b> - Team Event: top 3 teams (2 – 4 gymnasts each) are to be awarded (Federations with only 1 gymnast cannot qualify as Teams); - Apparatus finals: 1 gymnast per country per each apparatus (hoop, ball, clubs, ribbon) to be awarded based on the results of the All-Around</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b><u>Monday 14 February</u></b> - arrival of delegations, accreditation</p> <p><b><u>Tuesday 15 February</u></b> - podium trainings - delegations &amp; judges technical meeting</p> <p><b><u>Wednesday 16 February</u></b> - Judges meeting/draw - Juniors: Team Event (hoop, ball, clubs, ribbon) - Seniors: All-around (hoop, ball, clubs, ribbon) - Awards Ceremony</p> <p><b><u>Thursday 17 February</u></b> - Departure</p>
<b>MEDICAL SERVICES</b>	Organizing Committee will provide first aid and medical services.
<b>VISA</b>	The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>14.01.2022</b> to the LOC. The request must include the passport copy, function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.
<b>COVID-19</b>	<p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete’s performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p>

	<p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>Due to the dynamic situation regarding the COVID-19 pandemic, we will keep you posted regarding all prevailing COVID-19 measures on the Delegation website: <a href="https://www.enbw-dtbpokal.de/delegations/">https://www.enbw-dtbpokal.de/delegations/</a>.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation, etc.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations' own charge as follows: <b>15 € per person/day.</b></p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must cover all international travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by <b>14 January 2022.</b></p>
<b>LOCAL TRANSPORTATION</b>	<p>The LOC will provide free local transportation for all participants from/to all airports of Moscow, railway station and/or bus station as well as from/to the official hotel and the Competition Venue.</p>
<b>ACCOMMODATION</b>	<p><b><u>Hotel ASTRUS</u></b>  <i>146 Leninski Prosp., Moscow</i>  Hotel rates per room per night (bed &amp; breakfast):  <b>Single room = EUR 120</b>  <b>Double room = EUR 140</b></p> <p><b><u>Hotel of Irina Viner Usmanova's Gymnastics Palace</u></b>  <i>24 Luzhniki Str., Moscow</i>  Hotel rates per room per night (bed &amp; breakfast):  <b>Single room = EUR 120</b>  <b>Double room = EUR 140</b></p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by <b>14 January 2022</b> at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The accommodation costs must be paid to the LOC by <b>14 January 2022.</b>  <b>All delegations must stay in the official hotels of this event in order to facilitate for the LOC all necessary health protection measures due to Covid-19 pandemic.</b></p>
<b>MEALS</b>	<p><b>Lunch = EUR 20 per meal</b>  <b>Dinner = EUR 20 per meal</b></p> <p>The Meals Form must be returned to the LOC by <b>14 January 2022</b> at the very latest.</p> <p>The costs for the meals must be paid to the LOC by <b>14 January 2022.</b></p>
<b>CANCELATION POLICY</b>	<p>Hotel and meals cancellations can be made <b>before 14.01.2022.</b> All accommodation &amp; meals cancellations made after the above deadline will be subject to 100% fine.</p>
<b>FINAL BANQUET</b>	<p><b>Farewell banquet is to be organized at the expense of LOC.</b></p>
<b>BANK ACCOUNT INFORMATION</b>	<p>An invoice for the payment, as well as the resp. contract, can be uploaded at <a href="http://www.rg.events">www.rg.events</a> after filling out and sending to the LOC all accommodation and meals forms by the participating Federations.</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: participation in the 2022 Moscow International RG Tournament.</p> <p><b>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p>

<b>MARKETING</b>	FIG advertising and publicity norms must be respected																	
<b>MEDIA</b>	Contact person: Zoya Aleeva Tel.: +7 909 649 56 52 e-mail: <a href="mailto:zoyaaleeva@gmail.com">zoyaaleeva@gmail.com</a>																	
<b>SOCIAL MEDIA</b>	<a href="https://youtube.com/c/RGYMRUSSIAOFFICIAL">https://youtube.com/c/RGYMRUSSIAOFFICIAL</a> <a href="https://vk.com/rgymrussia">vk.com/rgymrussia</a> <a href="https://www.instagram.com/rgymrussia">Instagram.com/rgymrussia</a> <a href="https://www.facebook.com/rgymrussia">Facebook.com/rgymrussia</a>																	
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<b>ADDITIONAL INFORMATION</b>																		

Sincerely yours,



Signature of NF Vice-President  
Valentina Nikanorova

Moscow, December 15<sup>th</sup> 2021