



International Tournament Artistic gymnastics
"Egyptian Pharos cup"
17-19 December, 2021
(Junior – Senior)




DIRECTIVES

Event ID: 16871

Dear FIG affiliated Member Federation and clubs.

The Gymnastics Federation of Egypt has the pleasure to invite your Federation and sports club participate in the aforementioned official FIG International Event.

DISCIPLINE	Men's Artistic Gymnastics Women's Artistic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation Elestad Elbahary St. Olympic Feds Buildings, Nasr city, Cairo , Egypt 002 02 240 250 24 002 02 240250 27 egypt@egyptgymnastics.com www.egyptgymnastics.com
LOCATION	Cairo, Egypt
DATE	From 17-19 December, 2021
VENUE	Nasr city stadium 3855+WFV, Ezbet El-Arab, Nasr City, Cairo Governorate 
APPARATUS SUPPLIER	Please refer to the attached apparatus list.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• Licence rules (except for non competitive events)• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events• FIG Medical Guidelines for FIG Competitions and Events• Media Rules• Apparatus Norms

	<ul style="list-style-type: none"> • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>														
PARTICIPATIONS AND AGE LIMITS	<p>WAG: Junior: 13-15, Senior: 16 MAG: Junior: 14-17, Senior: 18 All gymnasts must have a valid FIG license, until the end of the Event. For AG please contact the LOC</p>														
JUDGES AND JURIES	<p>Each federation may bring minimum up to 2 judges if more than 4 gymnast. All judges must have a current valid FIG brevet at the time of the event.</p>														
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Definitive registration</td> <td>1 November 2021</td> </tr> <tr> <td>Nominative registration</td> <td>15 November 2021</td> </tr> </table>	Definitive registration	1 November 2021	Nominative registration	15 November 2021										
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ENTRY FEES	<p>The Entry fees for the different categories in each Age Group are as follows: Category Entry Fee: Individuals: 50 Euros per gymnast • International Delegations and the national clubs who will not book their accommodation through the LOC o Individuals: 100 Euro per gymnast</p>														
ACCREDITATION	<p>Accreditation of all delegations will take place at their arrival in the sports hall. Please send a digital photo for each member of your delegation before 15th November 2021 Heads of delegations have to bring to the accreditation office: - 1 CD of the national anthem - 2 audio format CDs per gymnast Certification of insurance for delegation members covering covid-19, illness, Accidents, repatriation.</p>														
EVENT FORMAT	<p>Individual apparatus Final only Competition I qualifications to apparatus finals no limit per apparatus Competition III Apparatus finals (best 8 gymnasts per apparatus maximum 2 gymnast per national federation)</p>														
PROVISIONAL SCHEDULE	<table border="1"> <thead> <tr> <th>Date</th> <th>Activity</th> </tr> </thead> <tbody> <tr> <td>WEDNESDAY 15/12/ 2021</td> <td>Arrival of delegation</td> </tr> <tr> <td>THURSDY 16/12/ 2021</td> <td>Orientation meeting Judges' instruction Podium training Opening rehearsals</td> </tr> <tr> <td>FRIDAY 17 /12/ 2021</td> <td>Qualification</td> </tr> <tr> <td>SATURDAY 18/12/2021</td> <td>Qualification</td> </tr> <tr> <td>SUNDAY 19/12/2021</td> <td>Finals</td> </tr> <tr> <td>MONDAY 20/12/2021</td> <td>Departure of delegations</td> </tr> </tbody> </table>	Date	Activity	WEDNESDAY 15/12/ 2021	Arrival of delegation	THURSDY 16/12/ 2021	Orientation meeting Judges' instruction Podium training Opening rehearsals	FRIDAY 17 /12/ 2021	Qualification	SATURDAY 18/12/2021	Qualification	SUNDAY 19/12/2021	Finals	MONDAY 20/12/2021	Departure of delegations
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MEDICAL SERVICES	<p>A medical service will be available throughout the period of the competition. Emergency medical team with ambulance will be on site at the competition and training venue</p>														
COVID 19	<p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions. The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or</p>														

	<p>face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>A medical Guide specific for the event will be distributed one month before the event regarding to standard changes by health authorities in Egypt at the time of the event.</p>
VISA	<p>Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 1 November 2021 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport, expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 50 euro per person/day.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members</p> <p>The Travel Schedule Form must be returned to the LOC by 1st of December 2021.</p>
LOCAL TRANSPORTATION	<p>The Organising committee will provide transportation from Cairo international airport for the delegation booked their accommodation through the LOC.</p>
ACCOMMODATION	<p><i>The accommodation will be arranged free of charge by the LOC for 4 persons per delegation but must include at least 2 gymnasts for any extra person the LOC will charge accommodation as follow:</i></p> <p>100 EURO The costs per person /night in Single room Full board 80 EURO The costs per person / night in a Double room full board</p>
CANCELLATION POLICY	<p>After 1st December 2021 100% of total amount due</p>
BANK ACCOUNT INFORMATION	<p>Bank account Holder's : EGYPTIAN GYMNASTICS FEDERATION EL-ESTAD EL- BAHARY ST., OLYMPIC FED BUILDING , NASR CITY NATIONAL BANK OF EGYPT</p> <ul style="list-style-type: none"> • Bank Name: NATIONAL BANK OF EGYPT • Bank Address: MAIN BRANCH 24 SHERIF ST. DOWNTOWN CAIRO • BIC/Swift Code : NBEGEGCX001 • Account Number : 0013060698236700012 • IBAN :- 0013060698236700012 <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>
MARKETING	FIG advertising and publicity norms must be respected
SOCIAL MEDIA	Egyptian gymnastics federation official page

DEADLINES SUMMARY	Definitive Registration	1 st November 2021
	Nominative Registration	15 November 2021
	Accommodation Form	15 November 2021
	Travel Schedule Form	1 st December 2021
	Visa Request Form	15 November 2021
	Payment of the Entry Fee	15 November 2021
	Payment of the Accommodation Costs 100%	15 November 2021
	Payment of the fine for missing judge	15 November 2021

Sincerely Yours

Cairo 15th October, 2021

Dr. Ehab ESAWY

EGF President



Signature of the President or
Secretary General of the FIG affiliated NF