



**22<sup>th</sup> International Artistic Gymnastics  
Tournament "Latvian Veteran 2020"  
29– 31 May , 2020  
Riga, Latvia**




International Gym

## DIRECTIVES

**Dear FIG affiliated Member Federation,**

The Gymnastics Federation of Latvia and International Gymnastics Centre of Riga has the pleasure to invite your Federation/ clubs to participate in the aforementioned International Event.

Please find herein below the Invitation letter and the directives:

<b>DISCIPLINE</b>	<b>Men's Artistic Gymnastics Women's Artistic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Latvian Gymnastics Federation Reģ.Nr 40008022241</b> Contact Person: Mrs. Natalija Prokofjeva Prūšu iela 110, Riga, Latvia, LV-1057 phone number: +371 27403566 e-mail: <a href="mailto:gfl@latnet.lv">gfl@latnet.lv</a>
<b>ORGANIZING COMMITTEE</b>	Contact Person: Aleksandra Drigo mob. Number: +37120525757 e-mail: <a href="mailto:alexdrigo@inbox.lv">alexdrigo@inbox.lv</a>
<b>LOCATION</b>	<b>Riga, Latvia</b>
<b>DATES</b>	<b>May 29-31, 2020</b>
<b>VENUE</b>	<b>Elektrum Olympic Centre</b>  Grostonas Str. , 6B, Riga, Latvia LV-1013 phone number: +371 67387710 website: <a href="http://www.olimpiskais.lv">www.olimpiskais.lv</a>

<b>APPARATUS SUPPLIER</b>	Gymnova, Spieth				
<b>PROVISIONAL SCHEDULE</b>	<u>Day 1 (Friday, 29.05.2020):</u> Arrival of the Delegations Training Orientation Meeting <u>Day 2 (Saturday, 30.05.2020):</u> Judges' Instruction Men's Artistic Competition Women's Artistic Competition <u>Day 3 (Sunday, 31.05.2020):</u> Departure of the Delegations				
<b>PARTICIPATION</b>	Only gymnasts in good standing with the correct age may participate.				
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federations/clubs in good standing.				
<b>AGE LIMITS</b>	Age limit for WAG: 25 years (born in 1995 and before). Age limit for MAG: 30 years ( born in 1990 and before).				
<b>JUDGES</b>	The participating Member Federations/Clubs must send minimum one judge for MAG and one judge for WAG. All judges must have a current valid national level.				
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Definitive registration:</td> <td><b>April 21, 2020</b></td> </tr> <tr> <td>Nominative registration</td> <td><b>May 05, 2020</b></td> </tr> </table>	Definitive registration:	<b>April 21, 2020</b>	Nominative registration	<b>May 05, 2020</b>
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Nominative registration	<b>May 05, 2020</b>				
<b>ENTRY FEES</b>	The Entry fee for this event will be: <b>EUR 20</b> per gymnast. All Entry fees must be paid at the time of arrival.				
<b>COMPETITION FORMAT</b>	<b>Men's Artistic Gymnastics</b> <u>Category 1: 30-34 years old</u>  3B , 3A Start value 10.0 Missing: B – 0.2 , A – 0.1 Additional D and higher + 0.4 , C +0.3 , B + 0.2 SUM of Three best result  <u>Category 2: 35-39 years old</u>  2B , 3A Start value 10.0 Missing: B – 0.2 , A – 0.1 Additional D and higher + 0.6 , C +0.4 , B + 0.2 SUM of Three best result  <u>Category 3: 40-44 years old</u>  1B , 4A Start value 10.0 Missing: B – 0.2 , A – 0.1 Additional D and higher + 0.8 , C +0.5 , B + 0.3 SUM of Three best result  <u>Category 4: 45-49 years old</u>  5A				

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.8 , B +0.4 , A + 0.2

SUM of Three best result

Category 5: 50-54 years old

4A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.8 , B +0.5 , A + 0.3

SUM of Three best result

Category 6: 55-59 years old

3A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 1.0 , B +0.6 , A + 0.4

SUM of Three best result

Category 7: 60-64 years old

2A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 1.0 , B +0.7 , A + 0.5

SUM of Three best result

Category 8: 65-69 years old

2A

Start value 10.0

Missing: A – 0.2

Additional B and higher + 0.8 , A +0.6 ,

SUM of Three best result

Category 9: 70 years and older

1A

Start value 10.0

Missing: A – 0.2

Additional B and higher + 1.0 , A + 0.8

SUM of Three best result

Vault for All MAG Categories FIG +6,0 + (0,5 x Category)

For MAG Categories 5-9 height and functional properties changes can be allowed

### **Women's Artistic Gymnastics**

Category 1: 25-29 years old

2B, 4A

Start value 10.0

Missing: A – 0.1, B- 0.2

Additional D and higher + 0.4 , C + 0.3 , B + 0.2

SUM of Two best result

	<p><u>Category 2: 30-34 years old</u></p> <p>1B, 4A  Start value 10.0  Missing: A – 0.1, B- 0.2  Additional D and higher + 0.5 , C + 0.4 , B + 0.3</p> <p>SUM of Two best result</p> <p><u>Category 3: 35-39 years old</u></p> <p>5A  Start value 10.0  Missing: A – 0.2  Additional C and higher + 0.6 , A + 0.2 , B + 0.4</p> <p>SUM of Two best result</p> <p><u>Category 4: 40-44 years old</u></p> <p>4A  Start value 10.0  Missing: A – 0.2  Additional C and higher + 0.7 , A + 0.3 , B + 0.5</p> <p>SUM of Two best result</p> <p><u>Category 5: 45-49 years old</u></p> <p>3A  Start value 10.0  Missing: A – 0.2  Additional C and higher + 0.8 , A + 0.4 , B + 0.6</p> <p>SUM of Two best result</p> <p><u>Category 6: 50-54 years old</u></p> <p>2A  Start value 10.0  Missing: A – 0.2  Additional C and higher + 1.0, A + 0.6 , B + 0.8</p> <p>SUM of Two best result</p> <p><u>Category 7: 55-59 years old</u></p> <p>2A  Start value 10.0  Missing: A - 0.2  Additional B and higher + 0.9 , A + 0.7</p> <p>SUM of Two best result</p> <p><u>Category 8: 60 years and older</u></p> <p>1A  Start value 10.0  Missing: A – 0.2  Additional B and higher + 1.0 , A + 0.8</p> <p>SUM of Two best result</p> <p>Vault for All WAG Categories FIG +6,0 + (0,5 x Category)  For WAG Categories 5-8 height and functional properties changes can be allowed</p>
<b>ACCOMMODATION</b>	On request (extra charge).
<b>MEALS</b>	On request (extra charge).

<b>FINAL BANQUET</b>	All participants are invited to participate in the Final Banquet. Final Banquet cost is <b>EUR 15</b> per person. Payment for the final banquet must be paid at the time of arrival.	
<b>INTERNATIONAL TRANSPORTATION</b>	The Invited Participating Federations must pay for the International Travel Costs of their Delegation Members.	
<b>LOCAL TRANSPORTATION</b>	On request (extra charge).	
<b>VISA</b>	Please verify immediately with your travel agent or the Latvian Embassy or Consulate in your country if a visa is required for your travel to Latvia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>April 21, 2020</b> to the Organizing Committee. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.	
<b>INSURANCE</b>	The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations (Section 1, Article 11.10) foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.	
<b>ACCREDITATION</b>	Delegation accreditation will take place upon arrival. For accreditation, Delegation Member are required to bring the following documents: *passports of all members of the delegation; *proof of medical insurances; *CD of their National Anthem and National Flag;  All financial obligations must be fulfilled during the accreditation.	
<b>AWARDS</b>	<u>Winner</u> in each Age category will be awarded. (Men's Artistic Gymnastics – SUM of Three best score Women's Artistic Gymnastics – SUM of Two best score); <u>MAG (1-9 category) and WAG (1-8 category)</u> : The gymnasts on 1rd to 6rd place will be awarded. (Men's Artistic Gymnastics – Middle score from Three best result Women's Artistic Gymnastics – Middle score from Two best result);	
<b>ADDITIONAL INFORMATION</b>	<ul style="list-style-type: none"> <li>- We invite you to take a part in the competition even if you make less than Three apparatus MAG, and less than two apparatus WAG;</li> <li>- Gymnasts who are less than 25 years old -WAG and 30 years old -MAG also invited to participate , but out of competition.</li> <li>- Gymnasts can do elements, which are not in the Code of Points. They can be evaluated by the judges as elements of Category A ( depends on the age category) but you can't have additional bonus for thus the element;</li> <li>- The same element, which are written in by the same number FIG, counted as separate element;</li> <li>- A participant has the right to perform on any number of gymnastics apparatus</li> </ul>	
<b>MEDICAL SERVICES</b>	The Organizing Committee will provide a first aid medical service, doctor in the competition area during the whole competition.	
<b>DEADLINES SUMMARY</b>	<b>Definitive Registration</b>	<b>April 21, 2020</b>
	<b>Nominative Registration</b>	<b>May 05, 2020</b>
	<b>Visa Request Form</b>	<b>April 21, 2020</b>
	<b>Payment of the Entry Fee</b>	<b>Upon arrival to the OC</b>

Sincerely Yours

Riga, 04 February, 2020



Natalija Prokofjeva  
Secretary General of the  
Latvian Gymnastics Federation

