

2020 Moscow International R. G. Tournament Individuals Seniors & Juniors 7 – 8 February 2020



Update 04 December 2019 (Accommodtion) Update 15 January 2020 (Event format and Schedule)

DIRECTIVES

Event ID: 16375

Dear FIG affiliated Member Federation,

The Russian Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

| DISCIPLINE | RG | |
|----------------------------------|---|--|
| HOSTING FEDERATION | RUSSIAN GYMNASTICS FEDERATION Russian Gymnastics Federation 8 Luzhnetskaya Emb., Moscow 119992 Russia rusgymnastics@mail.ru www.sportgymrus.ru | |
| ORGANIZING COMMITTEE | RUSSIAN RHYTHMIC GYMNASTICS FEDERATION 8 Luzhnetskaya Emb., Moscow 119992 Russia Phone: +7 495 725 46 10 Fax: +7 495 725 46 99 e-mail: rusgrandprix@mail.ru | |
| DIRECTOR LOC | Ms Irina Tsareva <u>iitsareva@mail.ru</u> | |
| DIRECTOR OF SPORTS COMPETITIONS. | Ms. Natalia Orlova | |
| PLACE | Moscow, Russia | |
| DATES | 7 – 8 February 2020 | |
| VENUE | IRINA VINER-USMANOVA'S GYMNASTICS PALACE in Luzhniki 24/4 Luzhnetskaya Emb., Moscow Nearest subway station: Vorobyevy Gory | |
| RG FLOORS | SPIETH 1790290 and 1790580 Replacement Apparatus: Seniors: Hoop: Pastorelli 00300FIG,"Rodeo", 89 cm Ball: Sasaki M-207M-F | |

| | Cluber Chase# 201505 0002 00 455 mm | |
|------------------------------|--|--|
| | Clubs: Chacott 301505-0003-98 455 mm | |
| | Ribbon – Chacott 301500-0090-98 (6m) | |
| | Ribbon stick Sasaki M-781H-F (60 mm) | |
| | Juniors: | |
| | Rope Sasaki M-280-F | |
| | Ball: Sasaki M-207M-F | |
| | Clubs: Chacott 301505-0003-98 410mm | |
| | Ribbon: Chacott 301500-0091-58 (5m) | |
| DIII ES | Ribbon: Sasaki M-781H-F (60 mm) | |
| RULES | The event will be organized under the following FIG rules, as valid in the year of | |
| | the event, except for any deviation mentioned in these directives: • Statutes | |
| | | |
| | Technical Regulations | |
| | Code of Points and relevant Newsletters | |
| | General Judges' Rules | |
| | Specific Judges' Rules | |
| | Doping Control Rules | |
| | License rules (except for non competitive events) | |
| | Media Rules | |
| | Apparatus Norms | |
| | FIG Rules for Sanctioning (approval) of International Events | |
| | Advertising and Publicity Rules | |
| | Advertising and Publicity Rules | |
| | Accreditation Rules | |
| | and subsequent decisions of the FIG Executive Committee | |
| AGE LIMITS | Juniors: 2005-2007 | |
| | Seniors: 2004 and older | |
| | | |
| | All gymnasts must have a valid FIG License until the end of the event | |
| | | |
| ACCREDITATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations | |
| ACCREDITATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: | |
| ACCREDITATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine | |
| ACCREDITATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem | |
| ACCREDITATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag | |
| ACCREDITATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts | |
| ACCREDITATION PARTICIPATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation If a NF participates with only 1 junior gymnast, she will have to present | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation | |
| PARTICIPATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation If a NF participates with only 1 junior gymnast, she will have to present her exercises with each of the 4 apparatus. | |
| | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation If a NF participates with only 1 junior gymnast, she will have to present | |
| PARTICIPATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation If a NF participates with only 1 junior gymnast, she will have to present her exercises with each of the 4 apparatus. | |
| PARTICIPATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation If a NF participates with only 1 junior gymnast, she will have to present her exercises with each of the 4 apparatus. All judges must have a valid FIG brevet in the respective discipline (RGI) | |
| PARTICIPATION | Accreditations will be issued upon arrival in the hotel. Heads of Delegations must present: 2 CD / music per each routine 1 CD / National Anthem 1 National Flag Insurance for the whole delegation (obligatory) FIG Licences for gymnasts Individual Program 1 senior gymnast + 1 coach 2 - 4 junior gymnasts (team) + 1 coach 2 masseurs (max) 2 judges Brevet 1 - 4 (max) 1 Doctor (max) 1 Head of Delegation If a NF participates with only 1 junior gymnast, she will have to present her exercises with each of the 4 apparatus. All judges must have a valid FIG brevet in the respective discipline (RGI) 2 Judges Brevet Cat. 1 – 4, XIV Cycle | |

| SCHEDULE | 5 February, Wednesday - Arrival of delegations, accreditation 6 February Thursday - Podium trainings - Judges & Delegations Meeting 7 February Friday - Drawing of lots for judges - Seniors all-around (hoop, ball) - Juniors rope, ball 8 February, Saturday - Seniors all-around (clubs, ribbon) - Juniors clubs, ribbon - Awards Ceremony 1) Juniors: - Team Competitions - 1 gymnast per country per each apparatus (rope, ball, clubs, ribbon) 2) Seniors: All-Around (hoop, ball, clubs, ribbon) – the top 8 gymnasts | |
|-----------------|--|--|
| VISAS | - Departure Please send all your passport copies to the O.C. before 15.12.2019 (for visa purpose) | |
| INSURANCE | The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. | |
| TRAVELS | Airfares are to be covered by participating delegations. Please inform the LOC of your travel schedule before 15.01.2020 (travel forms are enclosed). | |
| LOCAL TRANSFERS | The LOC will provide free-of-charge local transfers 'airport – hotel – gym – airport' for all accredited delegation members. | |

| ACCOMMODATIONS | Hotel KORSTON *** 15 Kosygina Str., Moscow, Russia Hotel rates per room per night (bed & breakfast): Single room = EUR 150 Double room = EUR 180 Hotel of Irina Viner-Usmanova Gymnastics Palace Single room = EUR 109 Double room = EUR 123 Payment terms: 1. Cash payment on accreditation. 2. Payment by bank transfer. Contact person: Ms.Julia Malagich — rgmalagich@mail.ru Phone: +7 (915) 060-62-01 | | |
|-----------------------------|---|------------|--|
| MEALS | Lunch = EUR 25 per meal Dinner = EUR 25 per meal Payment terms: 1. Cash payment on accreditation. 2. Payment by bank transfer. Contact person: Ms.Julia Malagich – rgmalagich@mail.ru Phone: +7 (915) 060-62-01 | | |
| CANCELLATION POLICY | Hotel and meals cancellations can be made before 25.01.2020. All accommodation & meals cancellations made after the above deadline will be subject to 100% fine. | | |
| BANK ACCOUNT INFORMATION | All payments for the hotel booking and meals must be made by bank transfer to: Currency account of EURO: Beneficiary name: LLC OLYMPICO Account: 40702978338001000681 Address: Sovetskaya str., 7-52, Moscow, Russia Bank name: SBERBANK SWIFT: SABRRUMM Address: Vavilova str., 19, Moscow, Russia | | |
| ADVERTISING RULES | FIG advertising and publicity norms must be respected | | |
| LOC_DEADLINES SUMMARY | Definitive Registration | 15.12.2019 | |
| COMM/AICI | Nominative Registration | 15.01.2020 | |
| | Visa Request Form + Passport Copies | 15.12.2019 | |
| | Accommodation & Meals Form | 15.01.2020 | |
| | Travel Schedule Form | 15.01.2020 | |
| | Payment of accommodation & meals | 25.01.2020 | |



