



**21th International Artistic Gymnastics
Tournament "Latvian Veteran 2019"
01– 02 June , 2019
Riga, Latvia**




International Gym

DIRECTIVES

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Latvia and International Gymnastics Centre of Riga has the pleasure to invite your Federation/ clubs to participate in the aforementioned International Event.

Please find herein below the Invitation letter and the directives:

DISCIPLINE	Men's Artistic Gymnastics Women's Artistic Gymnastics
HOST FEDERATION	Latvian Gymnastics Federation Contact Person: Mrs. Natalija Prokofjeva Skolas Str., 9-23 LV-1010, Riga Latvia phone number: +371 27403566 e-mail: gfl@latnet.lv
ORGANIZING COMMITTEE	Contact Person: Aleksandra Drigo mob. Number: +37120525757 e-mail: alexdrigo@inbox.lv
LOCATION	Riga, Latvia
DATES	June 01-02, 2019
VENUE	Elektrum Olympic Centre  Grostonas Str. , 6B LV-1013, Riga Latvia

	phone number:+371 67387710 website: www.olimpiskais.lv				
APPARATUS SUPPLIER	Gymnova, Spieth				
PROVISIONAL SCHEDULE	<u>Day 1 (Friday, 31.05.2019):</u> Arrival of the Delegations Training Orientation Meeting <u>Day 2 (Saturday, 01.06.2019):</u> Judges' Instruction Men's Artistic Competition Women's Artistic Competition <u>Day 3 (Sunday, 02.06.2019):</u> Departure of the Delegations				
PARTICIPATION	Only gymnasts in good standing with the correct age may participate.				
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federations/clubs in good standing.				
AGE LIMITS	Age limit for WAG: 25 years (born in 1993 and before). Age limit for MAG: 30 years (born in 1988 and before).				
JUDGES	The participating Member Federations/Clubs must send minimum one judge for MAG and one judge for WAG. All judges must have a current valid national level.				
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Definitive registration:</td> <td>May 1, 2019</td> </tr> <tr> <td>Nominative registration</td> <td>May 12, 2019</td> </tr> </table>	Definitive registration:	May 1, 2019	Nominative registration	May 12, 2019
Definitive registration:	May 1, 2019				
Nominative registration	May 12, 2019				
ENTRY FEES	The Entry fee for this event will be: EUR 15 per gymnast. All Entry fees must be paid at the time of arrival.				
COMPETITION FORMAT	<p>Men's Artistic Gymnastics</p> <p><u>Category 1: 30-34 years old</u></p> <p>3B , 3A Start value 10.0 Missing: B – 0.2 , A – 0.1 Additional D and higher + 0.4 , C +0.3 , B + 0.2 SUM of Three best result</p> <p><u>Category 2: 35-39 years old</u></p> <p>2B , 3A Start value 10.0 Missing: B – 0.2 , A – 0.1 Additional D and higher + 0.6 , C +0.4 , B + 0.2 SUM of Three best result</p> <p><u>Category 3: 40-44 years old</u></p> <p>1B , 4A Start value 10.0 Missing: B – 0.2 , A – 0.1 Additional D and higher + 0.8 , C +0.5 , B + 0.3 SUM of Three best result</p>				

Category 4: 45-49 years old

5A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.8 , B +0.4 , A + 0.2

SUM of Three best result

Category 5: 50-54 years old

4A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.8 , B +0.5 , A + 0.3

SUM of Three best result

Category 6: 55-59 years old

3A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 1.0 , B +0.6 , A + 0.4

SUM of Three best result

Category 7: 60-64 years old

2A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 1.0 , B +0.7 , A + 0.5

SUM of Three best result

Category 8: 65-69 years old

2A

Start value 10.0

Missing: A – 0.2

Additional B and higher + 0.8 , A +0.6 ,

SUM of Three best result

Category 9: 70 years and older

1A

Start value 10.0

Missing: A – 0.2

Additional B and higher + 1.0 , A + 0.8

SUM of Three best result

Vault for All MAG Categories FIG +6,0 + (0,5 x Category)

For MAG Categories 5-9 height and functional properties changes can be allowed

Women's Artistic Gymnastics

Category 1: 25-29 years old

2B, 4A

Start value 10.0

Missing: A – 0.1, B- 0.2

Additional D and higher + 0.4 , C + 0.3 , B + 0.2

SUM of Two best result

Category 2: 30-34 years old

1B, 4A

Start value 10.0

Missing: A – 0.1, B- 0.2

Additional D and higher + 0.5 , C + 0.4 , B + 0.3

SUM of Two best result

Category 3: 35-39 years old

5A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.6 , A + 0.2 , B + 0.4

SUM of Two best result

Category 4: 40-44 years old

4A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.7 , A + 0.3 , B + 0.5

SUM of Two best result

Category 5: 45-49 years old

3A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 0.8 , A + 0.4 , B + 0.6

SUM of Two best result

Category 6: 50-54 years old

2A

Start value 10.0

Missing: A – 0.2

Additional C and higher + 1.0, A + 0.6 , B + 0.8

SUM of Two best result

Category 7: 55-59 years old

2A

Start value 10.0

Missing: A - 0.2

Additional B and higher + 0.9 , A + 0.7

SUM of Two best result

Category 8: 60 years and older

1A

Start value 10.0

Missing: A – 0.2

Additional B and higher + 1.0 , A + 0.8

SUM of Two best result

Vault for All WAG Categories FIG +6,0 + (0,5 x Category)

For WAG Categories 5-8 height and functional properties changes can be

	allowed
ACCOMMODATION	On request (extra charge)
MEALS	On request (extra charge)
FINAL BANQUET	All participants are invited to participate in the Final Banquet. Final Banquet cost is EUR 10 per person. Payment for the final banquet must be paid at the time of arrival.
INTERNATIONAL TRANSPORTATION	The Invited Participating Federations must pay for the International Travel Costs of their Delegation Members.
LOCAL TRANSPORTATION	On request (extra charge)
VISA	Please verify immediately with your travel agent or the Latvian Embassy or Consulate in your country if a visa is required for your travel to Latvia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before May 6, 2019 to the Organizing Committee. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.
INSURANCE	The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations (Section 1, Article 11.10) foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.
ACCREDITATION	Delegation accreditation will take place upon arrival. For accreditation, Delegation Member are required to bring the following documents: *passports of all members of the delegation; *proof of medical insurances; *CD of their National Anthem and National Flag; All financial obligations must be fulfilled during the accreditation.
AWARDS	<u>Winner</u> in each Age category will be awarded. (Men's Artistic Gymnastics – SUM of Three best score Women's Artistic Gymnastics – SUM of Two best score); <u>MAG (1-9 category) and WAG (1-8 category)</u> : The gymnasts on 1rd to 6rd place will be awarded. (Men's Artistic Gymnastics – Middle score from Three best result Women's Artistic Gymnastics – Middle score from Two best result);
ADDITIONAL INFORMATION	<ul style="list-style-type: none"> - We invite you to take a part in the competition even if you make less than Three apparatus MAG, and less than two apparatus WAG; - Gymnasts who are less than 25 years old -WAG and 30 years old -MAG also invited to participate , but out of competition. - Gymnasts can do elements, which are not in the Code of Points. They can be evaluated by the judges as elements of Category A (depends on the age category) but you can't have additional bonus for thus the element; - The same element, which are written in by the same number FIG, counted as separate element; - A participant has the right to perform on any number of gymnastics apparatus
MEDICAL SERVICES	The Organizing Committee will provide a first aid medical service, doctor in the competition area during the whole competition.

DEADLINES SUMMARY	Definitive Registration	May 1, 2019
	Nominative Registration	May 12, 2019
	Visa Request Form	May 6, 2019
	Payment of the Entry Fee	Upon arrival to the OC
	Payment of the Final Banquet	Upon arrival to the OC

Sincerely Yours

Riga, 08 April, 2019

Natalija Prokofjeva
Secretary General of the
Latvian Gymnastics Federation

Bronislavs Konstantinovičš
Director of Riga Gymnastics Scholl