



Latvijas Vingrošanas Federācija

Open Championship
In Trampoline and Double Mini Tramp
“Latvian Cup”
And International tournament
“Small Talent”
in Trampoline and Double Mini Tramp
Riga, Latvia
March 23-24, 2018

Invitation 2018

ORGANIZING COMMITTEE	Latvian Gymnastics Federation GFL General Secretary – Natalija Prokofjeva e-mail: gfl@latent.lv Skolas street 9-23 Riga, Latvia LV-1010 Mob.: +371 27403566 Website: www.gfl.lv
VENUE	BJC “Daugmale”, Sports hall Aviācijas street 15 Riga, Latvia LV-1063  Aviācijas iela 15
DATES	23-24 March 2018

APPARATUS SUPPLIER	TRA Eurotramp 4x4; Ultimate 4x4 DMT Eurotramp Ultimate DMT 6x6	
PROVISIONAL SCHEDULE	23 March (friday)	Arrival of Delegations Accreditation Free training Judges' Meetings and Instructions
	24 March (saturday)	Qualifications Individual Trampoline "Small Talent" Qualifications Double Mini Tramp "Small Talent" Awarding ceremony Qualifications Individual Trampoline "Latvian Cup" Qualifications Double Mini Tramp "Latvian Cup" Finals Awarding ceremony Departure of Delegations
PARTICIPATION	<p>The open championship "Latvian Cup" for U11-12, U13-14, U15-16, U17-21 competition will consist of Qualifications and Finals.</p> <p><u>Participation in the Qualifications:</u></p> <ul style="list-style-type: none"> All competitors must take part in the qualifications. <p><u>Participation in the Finals:</u></p> <ul style="list-style-type: none"> The top eight (8) gymnasts from the qualifications qualify for the finals will participate in the finals. <p>Finals will start from zero.</p> <p>The International competition "Small Talent" for U7-8, U9-10 will consist only of Qualifications.</p> <p><u>No finals in U7-8 and U9-10 trampolining and double mini tramp.</u></p>	
AGE LIMITS TRA and DMT	U7-8, gymnasts born in 2010 and 2011 U9-10, gymnasts born in 2008 and 2009 U11-12 gymnasts born in 2006 and 2007 U13-14, gymnasts born in 2004 and 2005 U15-16, gymnasts born in 2002 and 2003 U17-21, gymnasts born in 1997 and 2001	
Compulsory skills	<u>"Small Talent"</u> U 7-8 <ul style="list-style-type: none"> Stomach jump straddle jump 10 different skills U 9-10 <ul style="list-style-type: none"> Straddle jump Back somersault, tucked (C) One skill landing on the back or stomach <p>At least three (3) of the total skills in the compulsory routine must have at least 270° of somersault.</p>	

'Latvian Cup' First routine with special requirements

U 11-12

The routine consists of 10 different elements, only two (2) elements allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. 1 element landing on the front of the body,
2. 1 element landing on the back of the body.

U13-14

The routine consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. back s/s with full twist,
2. 1 element landing on the front of the body,
3. 1 element landing on the back of the body.

U15-16

The routine consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. Full (back somersault with 1/1 twist),
2. Rudi or Rudi ball out, (front somersault or 1 ¼ from back, with 1 ½ twist)
3. 1 element either landing on the back or front of the body.

U17-21

The routine consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one (1) element to front or back,
2. one (1) element from front or back - in combination with requirement No. 1,
3. one (1) double front or back somersault with or without twist,
4. one (1) element with a minimum of 540° of twist and minimum of 360° somersault rotation

DMT :

'Small Talent'


U 7-8 ; U 9-10 no Compulsory skills *

'Latvian Cup'

U 11-12; U 13-14; U 15-16; U 17-21

Each skill must have at least 360° of somersault rotation*

*** Missing required element or changed competition card handled according to valid Code of Points!**

JUDGES AND JURIES	<p>Judges must be entered as follows:</p> <ul style="list-style-type: none"> • Clubs must bring a judge with at least a current national judge's brevet. • 1-10 gymnasts - 1 judge, 11-20 gymnasts - 2 judges, 21-30 gymnasts - 3 judges and 31+ gymnasts - 4 judges. • The name of the judge/s must be announced with the entry, and all changes must be reported to the organizer immediately. 		
AWARD	<p>The winner will be awarded with cup and diploma. The gymnasts on 2nd and 3rd place will be awarded with cup and diploma. All gymnasts will get a diploma.</p>		
REGISTRATION DEADLINES	Definitive Registration	23.02.2018	
	Nominative Registration	09.03.2018	
ENTRY FEES	The cost for the entry fee is EUR 15 per gymnast per discipline.		
INSURANCE	The Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.		
MEDICAL SERVICES	The Organizing Committee will provide a first aid medical service in the competition during the whole competition.		
ACCOMMODATION	On request		
VISA	On request		
ACCREDITATION	<p>Delegation accreditation will take place upon arrival. For accreditation are required to bring the following documents:</p> <ul style="list-style-type: none"> • Passports or ID card of all members of the delegation • Proof of total payments; <p>All financial obligations must be fulfilled before arrival.</p>		
BANK ACCOUNT INFORMATION	<p>Biedrība "LATVIJAS VINGROŠANAS FEDERĀCIJA" Reģ.Nr. 40008022241 Skolas iela 9-23, Rīga, LV-1010 Valsts kase, SWIFT: TRELLV22 Accoun Nr.: LV94TREL9153520000000</p> <p>Paymant term till 09.03.2018</p> <p>Each participating is kindly requested to integrate the payment's purpose as follows: LC 2018 TRA un DMT name and surmane of gymnast, age group</p>		
GFI General Secretary	<div style="text-align: center;">  </div> <div style="text-align: right;"> N.Prokofjeva 15.01.2018 </div>		